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SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 23, 2015

OCTOBER SUNRISE/SUNSET: 23 7:32 • 6:54 24 7:32 • 6:53 25 7:33 • 6:52 26 7:33 • 6:51 27 7:34 • 6:51 28 7:35 • 6:50 29 7:35 • 6:49



Tanner and Kibby entertaining the crowd



Reese

Dolphin Presentation At Captiva Island Yacht Club

On Tuesday, October 27 at 10:30 a.m., Dolphin Research Center (DRC), a non-profit marine mammal education and research facility from the Florida Keys, will give a one-hour presentation about bottlenose dolphins at the

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Duck Stamp Artists Workshops At 'Ding' Free Conservation Art Day

Nationally renowned Federal Duck Stamp winner Jennifer Miller from Olean, New York headlines the 7th annual free Conservation Art Day at the JN "Ding" Darling National Wildlife Refuge on Sanibel on Saturday, October 24 from 10 a.m. to 5 p.m. Federal Junior Duck Stamp winner Andrew Kneeland from Rock Springs, Wyoming and Florida Junior Duck Stamp winner Mason Theurer will also be on hand.

"Seven years ago, we moved the duck stamp artist presentations from Family Fun Day so we could honor the winning artists with a day devoted especially to them," said Supervisory Refuge Ranger Toni Westland. "So Conservation Art Day is now the time to get your duck stamps signed."

The event will bring the weeklong "Ding" Darling Days 2015 to a close with the duck stamp artist presentations, nature art, cartooning, photography and art demonstrations. Admission to Wildlife Drive is free all day, and about 20 plein-air artists will be

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Plein-air artists will be painting along Wildlife Drive and showing their work in the Visitor & Education Center. Admission to the drive is free for Conservation Art Day.

King And Queen Of Baileyfest Crowned

by Jeff Lysiak

An island tradition for 30 years, the coronation of the Baileyfest King and Queen took place last Thursday morning at The Sanibel School, as fifth graders Jackson McKee and Camryn Peach were officially crowned to the applause of their friends and fellow classmates.

"I'm excited... and a bit jittery," said Camryn, whose essay, *What Sanibel Means To Me*, focused on the island's variety of wildlife and beautiful sunrises and sunsets. After being selected to serve as queen of this year's Baileyfest, she explained that she's fairly used to wearing a crown. "I've worn lots of crowns before. I have two younger sisters and we play princess all the time."

School Principal Barbara Von Harten, who dramatically wound her way slowly through the classroom's maze of tables and desks before placing each



The Queen and King of the 30th annual Baileyfest, Jackson McKee and Camryn Peach, were crowned last Thursday morning at The Sanibel School

photos by Jeff Lysiak



School Principal Barbara Von Harten places the crown on Camryn Peach's head

of the crowns of the honored students' heads, whisked both McKee and Peach off to her office following the coronation ceremony. There, they were invited to place phone calls to their parents to announce the exciting news.

"I'm really surprised," added Jackson, whose essay touched upon Sanibel's beaches and great year-round weather. "There are so many good writers in both (fifth grade) classes. I'm just happy to have pulled it off!"

Baileyfest, the annual gathering of islanders and visitors celebrating the community spirit of the islands, will return for its 30th anniversary this Sunday, October 25 from noon to 4 p.m. at Bailey's Shopping Center, located on the corner of Periwinkle Way and Tarpon Bay Road.

According to event organizers, the all-day event will feature live entertainment, games, raffles and giveaways, face-painting, pony rides, food and refreshments, local service organizations plus plenty of other "surprises." As always, Baileyfest is free to

continued on page 4

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Landmark:

Eagles Nest, 1927



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Santiva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is Eagles Nest, located in the rear of Snug Harbor, owned by the Kinzie brothers and built in 1927. George and Andrew Kinzie ran the ferry between Fort Myers and the islands for several years before they sold it to the Singleton family. Many photos like this that capture the unique and diverse history of Captiva are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva.

photo archives of the Captiva Island Historical Society

Bubbles Abound At Family Night



Brooks Selby prepares to pop a gumball in his mouth to blow a giant bubble



Korynn Livermon bounces her way across the floor to her teammate in the bubble relay

children who are 3 years old through fifth grade. Every week has a unique theme.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For information about how to register for the LOGOS program, call Kathy Cramer at 472-2684.✱

LOGOS is open to all families with



Luminary volunteers assist trolley passengers

Volunteers Needed For Sanibel Luminary Festival

The Sanibel & Captiva Islands Chamber of Commerce is seeking volunteers for its 31st annual Sanibel Luminary Festival December 4 from 5 to 9 p.m. Volunteers pass out glow sticks and assist people on and off the trolleys. Volunteers receive a yellow T-shirt to wear during their two-hour shifts. There is only one meeting required prior to the festival. To volunteer, contact Holli Martin at Holli@sanibelinsurance.com.

Volunteers are stationed at the following trolley stops: the East End (Pinocchio's), Bennett's Fresh Roast, Jerry's Market, Tahitian Gardens, Bailey's General Store and Olde Sanibel Shoppes. Each location typically has entertainment, food, beverages and plenty of holiday cheer.

The chamber organizes the event, purchases the glow stick necklaces, gathers volunteers, and arranges for the complimentary trolleys provided by Adventures In Paradise, Tarpon Bay Explorers and Select Transportation. Island retailers, community groups, and churches open their doors to island residents and guests to kick-off the holiday season.

Being in the midst of festival is a great way to get into the holiday spirit. Ride the complimentary trolley before or after your shift and experience Luminary as a participant, as well as a volunteer.✱

Donations Still Needed For Upcoming Trash To Treasures Sale

submitted by Island Seniors

"We are still in need of donations (clean, gently used items) for our upcoming Trash To Treasures Sale," said Dorothy Sawyer, Island Senior Sales Coordinator. The annual event is organized by Island Seniors, Inc. volunteers at the Center 4 Life, 2401 Library Way.

Island Seniors, Inc. is an enrichment, social and resource organization for 50 years of age and up members who are residents or visitors to our islands.

"This is a huge event for the Island Seniors/Center 4 Life and all the proceeds help support their programs like kayaking, aerobics, computers, arts and so much more," said Trish Phillips, seniors program manager.

This year's sale will be held on Saturday, November 14 from 9 a.m. to 2 p.m. "You are welcomed to stop by the Center 4 Life and browse before the sale," added Sawyer. "We have a wide variety of treasures, from craft items to home décor to golf clubs to dishes – and the price is just right."

For more information about donating, call the Center 4 Life at 472-5743.✱





Jackson McKee and Camryn Peach call their parents with the good news from Barbara Von Harten's office

From page 1

King And Queen Of Baileyfest Crowned

attend and open to the public.

The celebration will begin with the singing of *The Star Spangled Banner* by members of the BIG ARTS Community Chorus, followed by opening remarks made by Sanibel Mayor Kevin Ruane at noon. One of the time-honored traditions of the event, both the king and queen of Baileyfest will then be officially crowned.

Back by popular demand, singer Frank Torino will entertain Baileyfest crowds with his renditions of classic songs made famous by Frank Sinatra, Tom Jones and Elvis Presley. Ran Niehoff will offer a special performance of a song dedicated to Francis and Sam Bailey. Entertainment will also include the Deacon Quartet, Diamonettes, Buckeye Ken, The Country Chicks, Kellyn Celtic Arts Irish Dance Academy, the Country Rhythm Cloggers directed by Pat Bedingfield, J. Robert,

Peter Redpath, Shining Star as well as The Sanibel School's fourth and fifth grade chorus and steel drum band.

Several local service organizations, including the Sanibel-Captiva Conservation Foundation, JN "Ding" Darling National Wildlife Refuge, FISH of SanCap, The Bailey-Matthews National Shell Museum, CROW, Sanibel-Captiva Optimist Club, The International Osprey Squadron and others, will be on hand.

In addition to games for youngsters and inflatable activities, nearly \$1,500 worth of prizes and gift certificates will be given away from local merchants. These will include:

- Bailey's General Store – \$100 gift certificate
- Bailey's True Value Hardware – \$100 gift certificate
- Coffee Bar at Bailey's – \$100 gift basket
- Lily & Co. Jewelers – \$100 gift certificate
- George & Wendy's Seafood Grille – Four \$25 gift certificates
- Whims – Four \$25 gift certificates



Camryn Peach tells her mother she was chosen to become the Queen of Baileyfest

- Selected Vacation Properties – \$100 gift prize
- Beach Piez – Four \$25 gift certificates
- Zebra Frozen Yogurt – Frozen yogurt party (value \$125)
- Island Cleaners – \$100 gift certificate
- The Grog Shop – \$100 wine basket
- Sanibel Sprout – Five \$20 gift certificates
- Billy's Bikes – Two \$50 gift certificates
- Island Cinema – Five \$20 gift certificates



Commemorative 30th annual Baileyfest T-shirts are available from the merchants at Bailey's Shopping Center for \$10 each. They were designed by Monica Liller, manager of Bailey's MarketPlace at Sundial.

- Sanibel Barber Shop – Three \$30 men's haircut and styling
- The merchants within Bailey's Center are giving away free raffle tickets which will be drawn for prizes during Baileyfest. They are available for free until October 25. Visit one or more of these businesses and request a Baileyfest raffle ticket.
- For additional information about Baileyfest 2015, contact Bailey's General Store at 472-1516.✧

What Sanibel Means To Me

by Camryn Peach

Imagine a warm breeze brushes across your face, sand in your toes, kids happily playing at the beach. But then, you wake up from that amazing dream. You wish you were at Sanibel, Florida. The views are amazing and full of unique varieties of wildlife. That dream can become real.

An activity I enjoy doing on Sanibel is watching the sun rise and set. It is calming and not that many people get to see a sunrise as relaxing as Sanibel's. I feel like all my homework and home duties have floated into the Gulf of Mexico. It's not something you want to miss. I see the beautiful sunrise and sunset of Sanibel. It looks amazing and reminds me of a warm summer day. I hear birds chirping in the sunrise. During sunset I hear frogs croaking an amazing song.

One unique feature of Sanibel is the cardinal. I see red and the perfect shade of gray when the adorable fuzzy cardinals come out to play. It's so enchanting! Cardinals are beautiful, little, majestic creatures. I hear the soft soothing sound of their chirps. The cardinals sound like summer. And then they calmly rustle in the bushes, hanging you in suspense for them to pop out. I feel like I am in Indiana when I see a cardinal. Since Indiana is very soothing and there are a lot of cardinals in Indiana. I now feel extremely calm around cardinals. When they chirp it makes me feel free and like I can do anything!

One word or phrase describing what Sanibel means to me is home. Sanibel is home to my family and I because I've lived on Sanibel most of my life. We love it here and it's so magical and tropical. It's awesome for my family and I, because not that many people get to live on an island. So my family and I feel and are extremely lucky to live on an island as amazing as Sanibel's. Home is a strong word. But, not that many people consider Sanibel "home." Most think Sanibel's a tourist attraction, but it's way more than that. Sanibel is a living space to all sorts of living things. Such as, plants, animals, sea creatures, and humans. Many types of animal species call Sanibel home. Birds mostly call Sanibel their living space. Animal preserves such as J.N. Ding Darling, help keep the animals healthy, beautiful, and luckily alive.

In conclusion, Sanibel's a place to relax, have fun, and especially watch the beautiful sunset and sunrise. Animals sure think Sanibel is a great home. The cardinals add a special little touch. Anyway, Sanibel is a great, beautiful island. And I am proud it's my family's amazing home.

What Sanibel Means To Me

by Jackson McKee

Have you ever noticed that where you choose to live has a big impact on your life? If you come to Sanibel you will be surrounded by the most beautiful beaches. You would have a lot of adventure if you went to one of the most wonderful beaches on Sanibel.

Have you ever gone to a beach and see the shimmering water? Then you look at it again and it is almost like a clear cup of glass. Then, you hear the squawking of the seagulls and the sploosh of the pelicans swooping down to get its food. When you walk up to your chair and sit down you feel the hot sand getting in between your toes.

On Sanibel, you can do outdoor activities all year-round because we have such beautiful weather. The beach is one of the activities that you can do year-round. You can see the shimmering water beneath your feet and the camouflaged sand crabs. You can hear the crashing of the waves and the splooshing of pelicans. You can also feel the sun beating down on your back, then you look over and see your tan. Sometimes if you are in the water, you can feel little coquina shells that have colorful designs on their backs.

Sanibel is life to me because you can enjoy the magical beaches, collect amazing shells and you could see bright, crystal blue water. The wildlife you will see on Sanibel might be spoonbills, shiny fish, and camouflaged panthers. The family and friends I have here is awesome because my buddies and I would ride our bikes to the library and do homework there, then we would ride our bikes back before sundown.

In conclusion, where you choose to live has a big impact on your life. Like the awesome beaches, the wildlife, and doing activities year-round.

To advertise in the *Island Sun* Call 395-1213

Backpack Food Program

Good nutrition, particularly in the early years of life, is important for establishing a good foundation for a child's future physical and mental health, academic achievement, and economic productivity. Unfortunately, food insecurity is an obstacle that threatens that critical foundation.

The FISH Backpack Program strives to assist our island neighbors with food insecurity and the negative affects it may produce. This year round program provides children with weekend food so they can continue to eat healthy meals when school provided meals are not available on weekends, holidays or summer months.

This program is offered to children in Grades K to 8 at the Sanibel School as well as Pre-K ages at Children's Education Center of the Islands, Sanibel Christian School and Summit Christian School. Each week, participating students are given non-perishable, nutritious foods that are kid-friendly and easy to prepare.

The program, in partnership with Blessings in a Backpack and partially sponsored by The Sanibel-Captiva Kiwanis Foundation, is offered at no cost to the participant. Those who have been approved for free/reduced lunch through Lee County Schools are automatically eligible to receive the FISH backpack. Students not enrolled in free/reduced lunch, or students in Pre-K, must qualify by contacting FISH of SanCap.

For additional information or to see how you may qualify, call Christine or Jessi at the FISH Walk-In Center at 472-4775.✱

Budgeting Workshop

John Johnson, branch manager and Sherri Prange, teller, from Wells Fargo Bank on Sanibel will be facilitating a budgeting workshop on Wednesday, November 4 from 6 to 7:30 p.m. at the FISH Walk-In Center, located at 2430 Periwinkle Way. Admission to this workshop is complimentary.

Johnson speaks to individuals and groups about budgeting and money management. Both Johnson and Prange will discuss ways to evaluate income and develop a basic budget and methods to manage money more efficiently.

RSVP to Christine or Jessi at FISH of SanCap at 472-4775.✱

Historical Village Is Seeking WWII Items For Christmas Display

The Sanibel Historical Museum and Village is seeking to borrow WWII memorabilia for its Christmas display. The theme will be I'll Be Home for Christmas, in recognition of the 70th anniversary of the end of WWII. The festivities will take place from 3 to 5 p.m. on Luminary Day, December 4.

The event will highlight what it was like on Sanibel during Christmas 1945, as well as what was taking place across the country.

"We want to include as many WWII items as possible in each display so it will truly be a memorable experience for all visitors. To do this, we need the community's help," said event co-chair Gayle Pence.

Pence said the Christmas committee is looking for any and all WWII items and stories, such as letters, pictures, uniforms, personal stories, posters, collections, toys of the era (hobby horses were very popular), ladies' hats and dresses of the 1940s, electric trains, and music.

The committee would also like items specific to the Buckingham Army Airfield and Gunnery School.

The village Christmas event will include carolers from the Sanibel Community Chorus under the direction of Steve Cramer. Each village building will incorporate patriotic pieces of the time in celebration of the theme with live interactive events. The Rutland House will be lively with docent Dave Richard at the piano, along with an individual photo opportunity for guests.

The Sanibel Historical Village opened for season October 20. Hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to all buildings. Admission is \$10 for adults (18 and over). Members and children are free. For more information, call 472-4648 during museum hours or visit www.sanibelmuseum.org.✱



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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, November 18 is *The Girl on the Train* by Paula Hawkins. This is a physiological page turner following three women who cross paths before and after a gruesome crime. It debuted at number one on *The New York Times* ebook fiction list.

Friday Collage Classes with Bea Pappas – October 23 and 30 12:30 to 3:30 p.m. Pappas teaches an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board).

Members are \$15, non-members are \$20. Call the center to sign up.

San-Cap Art League Plein Air Painters Group – Thursday, October 22, 9 a.m. to noon. Art league members will be painting in the Center 4 Life gardens and invite you to join the group. Bring your own supplies and a bagged lunch. There will be an informal critique.

Flavors of Matlacha – Wednesday, November 4. Cost is \$36 for tour and lunch. This walking tour will cover history, art, ecology and culinary adventures of Matlacha. What was once an obscure fishing village is now an eccentric and flamboyant artist colony. Participants will receive a goody bag full of discounts and freebies from local merchants, galleries and restaurants. Lunch will be at the Old Fish House Marina, with select menu items. The full length of the trip is 90 minutes.

Meet at the center at 8:15 a.m. Transportation is not included. Carpoolers/carpooling arrangements to be made. The registration deadline is Friday, October 30. Paid registration reserves your seat.

Sunset Social on the Causeway – Tuesday, November 10 at 5 p.m.

Enjoy an evening relaxing and watching the sunset with friends. Participants are asked to provide an appetizer to share and bring a beach chair. Call 472-5743 if you are interested in participating and for directions to the viewing area. (weather permitting).

AARP Driver Safety Course –

Thursdays, November 12 and 19, 1 to 4 p.m. Course fee \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for drivers 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers and other topics to help you maintain confidence in your driving. In addition to making the roads a safer place you, will be eligible for a discount on your auto insurance. Classes will be held at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road. Register by contacting Ed VanderHey at 292-4012. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Naples Botanical Gardens – Tuesday, November 17. Cost is \$37 for members and \$42 for non-members.

Experience the growing magic of Naples Botanical Garden. Then join the group for a trip to the Naples Zoo to see lions, giraffes, monkeys and more. The trip includes admission to the zoo and guided tour through the botanical gardens. Depart from Center 4 Life at 8:30 a.m. Transportation is not included. Carpoolers/carpooling arrangements to be made. The registration deadline is Friday, November 13. Paid registration reserves your seat.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday Kayaking – and November 3 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack,

sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (resumes October 27). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱



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From page 1

Dolphin Presentation

Captiva Island Yacht Club. Hannah Salomons, a senior education instructor, will discuss the life history, ecology and conservation of bottlenose dolphins. A top predator in the ocean, they can serve as sentinels for people in understanding the state of the oceans today. They are a familiar sight in the waters around Captiva Island.

Founded in 1984, Dolphin Research Center is home to a family of dolphins and sea lions. Through education, research and rescue, Dolphin Research Center promotes peaceful coexistence, cooperation and communication between marine mammals, humans and the environment, with the well-being of DRC's animals taking precedence. Located on Grassy Key, the center is open daily to the public and presents narrated behavior sessions, educational presentations and interactive programs throughout the day.

More information about DRC can be found at www.dolphins.org.✱



Hannah Salomons with a sea lion

Restaurant Lineup For Taste Of The Islands

The Taste of the Islands committee has announced the lineup of the 16 restaurants that will participate in the 34th annual Taste of the Islands, which will be held on Sunday, November 8 at Sanibel Community Park from noon to 5 p.m. The premier island food festival continues to showcase the vibrant and diverse restaurant community of Sanibel and Captiva with new, exciting culinary experiences along with long-time favorites.

“The Sanibel Community Park is a great location for the Taste in the heart of Sanibel. We are looking forward to seeing friends and supporters from the community,” said CROW’s Executive Director Dr. Linda Estep.

Restaurants will offer an array of signature items for under \$5, allowing guests the opportunity to sample an even greater variety of items. Admission to Taste of the Islands is \$5 for adults and free for children under 12 years of age.

- Participating restaurants include:
- Bubble Room
 - Cip’s Place
 - Doc Ford’s Sanibel
 - Fresh Taqueria
 - Matzsaluna
 - Rosie’s Café & Grill (Best Dessert Award 2014)

- Sanibel Deli & Coffee Factory
- Sundial Beach Resort & Spa
- Sanibel Fish House
- Sanibel Sweet Shoppe
- Starfish Grille (Best Seafood-Honorable Mention 2014)
- The Dunes
- The Normandie Seaside Café
- Thistle Lodge (Sustainable Seafood Award 2014; Best Appetizer Award 2014)
- Timbers (Rolla Best Vegetarian Award 2014; Best Appetizer-Honorable Mention 2014)
- Traders (People’s Choice Award 2014; Best Appetizer Award-Honorable Mention 2014)

Bank of the Islands/Edison National Bank has returned as presenting sponsors. This is the sixth year in row that the bank has led the sponsorship for CROW’s signature fundraiser. ABC-7 is the returning lead media sponsor and Jensen’s Twin Palm Resort & Marina is the platinum sponsor.

Other Taste of the Islands sponsors include the *Island Sun*, *The River Weekly News*, *The News-Press Media Group*, *Times of the Islands*, *COASTE*, *Happenings Magazine*, *Florida Weekly*, *Santiva Chronicle*, Wayne and Linda Boyd, Coral Veterinary Clinic and Sam Galloway Ford/Lincoln.

Taste of the Islands, now in its 34th year, is CROW’s signature fundraiser that takes place annually on Sanibel featuring restaurants from Sanibel and Captiva.*

City Of Sanibel Vegetation Committee Native Vegetation Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, which have been planted solely with native plants. The next tour dates are Wednesday, November 18 and Wednesday, December 9 at 10 a.m.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, 800 Dunlop Road, in front of the main staircase.

The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city’s vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, call the Sanibel Natural Resources Department at 472-3700.*



Horsemint, spotted beebalm (*Monarda punctata*) photo by J. Zimomra

Island Paws Annual HOWL-O-WEEN Bash

Raffles Goody Bags Prizes



Join us on the Over Easy Cafe Patio Friday October 30th 5:00 - 7:00


Judging will take place around 6:30

For a \$10 donation you and your dog(s) can mingle and sniff among friends while consuming puptails, yappetizers, and of course enjoying the annual **Island Paws Costume Contest!**

Proceeds will benefit Gulf Coast Humane Society.



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Hollis Jeffcoat - Mangrove Island I, oil on canvas

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October Hours: Monday-Friday 10:00 to 4:30

The Community House

Community House Redevelopment Team



The start of the fundraising campaign for Community House renovation began with a catered lunch for supporters from all parts of the community. With the tag line, The Community House is YOUR House; the speakers outlined the plans that will be on everyone's list of things to do this season. From cocktail parties, a historic video viewing, a cooking competition to one-on-one visits, many people will be involved to achieve the \$2 million renovation.

After 88 years, the historic north room will be slightly changed to reflect the way the house originally looked when Curtis Perry walked Periwinkle asking his neighbors for the money to build the original Community House. The middle room and auditorium will be updated to give a cohesive look, with current technology throughout the building. The kitchen plans include a 900-square-foot chef's delight, where three chefs could be plating for the three different rooms. This means a fully functional kitchen for The Community House that can go from preparation through the use of a commercial dishwasher.

If you would like to volunteer to help, there is plenty for all to do to get the message out. Committees for marketing, publicity, social media, business, events, special groups (like homeowner associations), individual gifting, and finance are forming. Whether you have a little time or want to take on a chairman's role, call The Community House at 472-2155 or stop by.

Beading Classes



Beading, herringbone pattern

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea. Classes are kept small for one-on-one instruction. There is a minimum of three people and a maximum of 10 for these projects. Classes will be held on Wednesdays: November 4 and 25, December 2 and 16, January 20, February 3, March 23, April 6 and 20. Anita Gober is the instructor. All supplies and tools

are included in the price. If you typically wear reading glasses, you should bring them. The cost for each class is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members. You can see some of Gober's work at Pandora's Box in Tahitian Gardens.

October Potluck

The next Community House potluck dinner will be held on Wednesday, October 28 beginning at 6 p.m.

Artisan chocolatier Tracy Peck creates incredible flavor pairings at her Naples-based business. "Artisan" means that the product is hand made in small batches rather than machine mass-produced. An artisan is one that has creatively conceived, designed and executed the making of a product, which, in this case, are delectable chocolate barks, truffles and other specialty confections created by Once Upon A Bean.

Peck will bring samples of three types of chocolate – white, milk and dark – while guiding attendees through her tasting map. Learn about cacao and how it is sourced from different cacao growing regions.

There is a \$5 fee for SCA members; guests are \$10. Reservations are required and seating is limited, so reserve early. Bring your favorite appetizer, salad, entrée or dessert (enough to serve six). It is BYOB, with water and coffee provided. Socialize with islanders, meet new friends and learn about the Kitchen Guild. Information about the upcoming renovation will be shared. Call 472-2155 for reservations.

Family Fall Carnival

The Costumes and Candy Fall Carnival is on Saturday, October 31 from 4:30 to 7:30 p.m. This is the 14th year The Community House has presented a safe and fun Halloween experience for the entire family. There will be plenty of candy, games, prizes and crafts, a dining area serving meals at family-friendly prices and Billy's Hay Ride (courtesy of Billy's Rentals) to complete the fall experience.

The Family Fall Carnival isn't just for kids; everyone is encouraged to wear costumes. Multiple costume prizes will be awarded throughout the night to kids, adults and volunteers. The admission price is one bag of individually-wrapped Halloween candy per family. Over 40 volunteers are needed. Call Salli Kirkland at 472-4919 or The Community House at 472-2155 to volunteer. Sponsors for this year's event are Sanibel-Captiva Kiwanis Club, Billy's Rentals and Billy's Bike Shop. More sponsors are needed. All are welcome to stop by for a howling good time.

Colorful Sips

The Community House is hosting evening art and wine parties with local artist Sissi Janku, who will encourage the artist within to complete a masterpiece. The next session will be held on Wednesday, November 4 from 7 to 9 p.m. Member price is \$45, non-members



Results from October 7 class



On November 4, Sissi Janku will demonstrate this painting

are \$55.

No experience is necessary. All the materials will be provided. Bring your favorite wine and a snack for sharing with fellow artists. This is a relaxed opportunity to create an original work of art.

For a detailed schedule of these and all other painting classes offered by Janku, visit www.sissijanku.com. Her work is on display at Island Style Gallery.

Call 472-2155 for reservations.

Artisan & Crafts Fair



Check out the local art at the Artisan & Crafts Fair

Visit the Artisan & Crafts Fair at The Community House on Saturday, November 7 from 9 a.m. to 2 p.m. There will be many handmade pieces for sale, including fused glass, pottery, jewelry, sea glass creations, woven baskets, knitted goods, beaded glass, holiday ornaments, mirrors, shell crafts, wire jewelry, dinnerware, marmalades, soaps and body products, candles and cosmetic products. There is no admission cost and inexpensive food and drink is available. There will be over 25 tables of quality crafts.

Meditation Class



Meditation

Meditation is widely accepted as a pathway to better health and greater happiness. Many people have tried meditation by taking courses or reading books. Some people stick with it, but many feel that they have failed because they couldn't quiet their minds. This assessment is based on a fundamental misunderstanding of meditation.

With proper instruction, success is guaranteed. This workshop teaches meditation in a contemporary way, maintaining respect for ancient tradition while incorporating and referencing modern neuroscience. The technique is easy and natural, and rigorous research has validated its effectiveness. In addition to many health benefits, meditators experience a pronounced shift away from fear-based perceptions to a world view characterized by acceptance and joyfulness.

The course is from 10 a.m. to noon. The price for members is \$89, guests are \$99. There are three sessions. Session 1: Monday, November 9, Tuesday, November 10 and Thursday, November 12. Session 2: Monday, January 25, Wednesday, January 27 and Friday, January 29. Session 3: Monday, March 21, Wednesday, March 23, and Friday, March 25.

Paper Crafts



A handmade card

Create unique greeting cards to share with friends and family. Instructor Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasion, special events and holidays. A variety of techniques will be shared including stamping, embossing, cutting, creative folding and embellishing. The workshop fee includes everything you need to create three handcrafted cards. The fee per class is \$25 for members and \$25 for non-members. Classes will be held from 9:30 a.m. to 12:30 p.m. on the following Tuesdays: November 10, January 19, February 16 and March 15. Prepayment is required. Call 472-2155.

Free Energy Medicine Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda. All workshops are held and sponsored by The Community House.



Workshops will be held on the following Wednesdays:

November 11, 4 to 6 p.m. This class will provide exercises for improving eye health and assist with healing for cataracts, night vision, bright light that hurts the eye and teach a daily eye routine.

December 2, 6 to 8 p.m. Boost focus and memory with Energy Medicine tools.

Wednesday, January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.

February 3, 6 to 8 p.m. Pain overriding your life? Loosen the congestion with Energy Medicine tools.

March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.

April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, EEM-AP, JD, a matrimonial lawyer for 30 plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email ksemmelmanenergy@gmail.com.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱

Turkeys Sought For Those In Need

The Thanksgiving holiday is right around the corner and the Harry Chapin Food Bank of Southwest Florida needs to provide about 10,000 turkeys and chickens for families in need. The community can help by donating frozen holiday birds or making a financial contribution.

This year, it will cost the food bank about \$14 to purchase and distribute each holiday bird through its network partner agencies. The deadline to donate turkeys is Friday, November 20.

You can drop off frozen turkeys or chickens at the food bank's Fort Myers or Naples warehouses. Hours are:

- 8 a.m. to 4:30 p.m. Monday through Friday at the Fort Myers warehouse, 3760 Fowler Street.

- 8 a.m. to 4:30 p.m. Monday through Friday at the Naples warehouse, 2221 Corporation Blvd.

Financial donations can also be mailed to either location. For more information or to donate online, call 334-7007 or visit www.harrychapinfoodbank.org.✱



Bank of the Islands' staff showing the variety of T-shirt colors and sizes available to buy at their Sanibel office

Bank Now Selling CROW's Taste Of The Islands T-Shirts

Bank of the Islands and Edison National Bank, presenting sponsors for CROW's 2015 Taste of the Islands fundraising event, hope all who attend will be wearing the official Taste

T-Shirt to the festivities.

To help make that happen, T-shirts are available to purchase at Bank of the Islands' Sanibel office, located at the intersection of Periwinkle Way and Casa Ybel Road. T-shirts are priced at \$20 for adults and \$15 for youth sizes, with all proceeds supporting the wildlife rehabilitation at CROW.

"This year's T-shirt are as beautiful as the cause and as fun as the Taste event," said Bank of the Islands Sanibel-Captiva

office manager Willy Ocasio. "Returning as the presenting sponsor and helping sell T-shirts is a great way to show how much we appreciate being your island bank."

The event is designed as a family-friendly celebration with live entertainment and food offerings from many popular island eateries. This year's event takes place on Sunday, November 8 from noon to 5 p.m. at Sanibel Community Park. For more information, visit www.crowclinic.org.✱

Sanibel T-Shirts
Available at these locations...

T-Shirt Hut 472-1415
Amy's Something Special 472-4421
Needful Things 472-5400
Pak-n-ship of Sanibel 395-1220
Macintosh Books 472-1447

HORTOON.COM

I ♥ SANIBEL

Show your colors!

This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

They are available at:

- Bailey's General Store
- Bailey's At Sundial
- CVS Pharmacy
- Doc Ford's
- Island Pharmacy
- Jerry's Foods
- Suncatcher's Dream
- Tuttle's Sea Horse Shop

Sanibel Scenes calendars are also available at these favorite island stores.

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From page 1

'Ding' Free Conservation Art Day

painting along the way. Visitors will have an opportunity to buy their fresh works in the Refuge Visitor & Education Center throughout the day.

The first arrivals to Conservation Art Day score a reusable bag with art supplies and a free cartoon wildlife portrait by Dave Horton starting at 11a.m. inside the free Visitor & Education Center. Select art gifts will be 10 percent off in the Nature Store.

The *Santiva Chronicle* Photo-Sharing Kiosk in the center will allow visitors to take "selfies" and "groupies" to immediately share on social media platforms.

"Conservation Art Day has grown into a day of wildlife art that pays homage to the legacy of conservation art begun by the refuge's namesake, Jay 'Ding' Darling, a Pulitzer Prize-winning political cartoonist and the original duck stamp artist," said Westland.

Geared toward families and art enthusiasts, the day will offer participants a number of free interactive nature-art activities including demos by master bird sculptor Jim Sprankle and duck stamp artist John Brennan; a photography tram workshop on Wildlife Drive, compliments of nature photographer Terry Baldwin and Tarpon Bay Explorers (for first 30 signups that day); and a "Paint a Perry Tract Sand Dollar Portrait" class with Painting with a Twist of Fort Myers for the first 20 children to sign up that day.

The day's full schedule is posted at www.dingdarlingdays.com. The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge and Tarpon Bay Explorers co-host the event. The following sponsors make "Ding" Darling Days possible: Roseate Spoonbill Sponsors: Doc's Ford Sanibel Rum Bar & Grille; Great Egret Sponsors: Wayne and Linda Boyd, George & Wendy's Seafood Grille; Great Blue Heron Sponsors: 97.7 Latino & Juan Radio, Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, *Island Sun*, Jensen's on the Gulf and Marina & Cottages, Jerry's Foods, Mitchell's Sand



New this year: Painting with a Twist of Fort Myers will conduct a hands-on class for painting a sand dollar on canvas



Professional bird sculptor Jim Sprankle will be demonstrating his art

Castles & Forty/Fifteen Resorts, Ocean's Reach Condominiums, Sanibel Captiva Community Bank, Sanibel Moorings, Spotlight Graphics, Sanibel-Captiva Beach Resorts, Jim and Patty Sprankle; Reddish Egret Sponsors: Sarah Ashton and Jim Metzler, Big Red Q Quickprint, Casa Ybel Resort, Sally & Rich Ennis, Florida Weekly, Glen & Phyllis Gresham, Gulf Breeze Cottages, Painting with a Twist, Ed & Lynn Riddlehoover, Sanibel-Captiva Kiwanis Club, Stewart and Sons Insurance, Inc., West Wind Inn; Snowy Egret Sponsors: Barefoot Charley's Painting Co., John Brennan, Butterfly Estates, The Cedar Chest Fine Jewelry, Charlotte Harbor National Estuary Program (CHNEP), Colony Inn, Jerry Edelman and Maryanne Daly, Grounds by Green Ways, Dave Horton, Island Therapy Center, Over Easy Café, Sallie Rich, Sanibel Art & Frame, *Santiva Chronicle*, She Sells Sea Shells, Winston and Barbara Spurgeon, Suncatchers' Dream, Tents 'n' Events.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarling-society.org or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or dingdarlingsociety@gmail.com. ✨



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Photographer To Host Fundraiser For Big Cypress National Preserve

Nationally acclaimed wilderness photographer Clyde Butcher, known throughout Florida for his exquisite black and white, large-format photographs of the state's landscape, and his wife Niki, are hosting a fundraiser to benefit the Big Cypress National Preserve's environmental education program.

The fundraiser is scheduled for Saturday, October 31 and Sunday, November 1 from 9 a.m. to 4 p.m. at Butcher's Big Cypress Gallery in the Big Cypress National Preserve in Ochopee, Florida. The weekend's activities will provide guests with the opportunity to meet the husband and wife duo and hear stories about their adventures photographing the preserve, take ranger-guided swamp walks and listen to ranger lectures. Butcher will also be signing books for visitors.

"Big Cypress National Preserve and the Everglades have always been at the heart of my photography," said Butcher. "During this weekend of events, I hope guests will see for themselves the jewel we have in our midst and help maintain the vitality of the Big Cypress National Preserve. It is a legacy we must pass on to our children and their children."

During the two-day event, a 1.5-hour guided classic swamp walk tour will be offered to take participants in waist-deep water through the preserve. A 30- to 45-minute introductory swamp walk tour is also available and caters to those who might be apprehensive about the deeper preserve waters. For every paid adult on the \$50 or \$40 tours, a child can attend for free. All proceeds from the ranger-led swamp walks and a portion of the gallery's weekend sales will be donated to the Big Cypress National Preserve's environmental education program.

The funds contributed will be used to purchase equipment for the Swamp Water and Me program, which allows Collier County sixth graders to be scientists for the day, collecting data and doing experiments in the cypress, prairie and pine lands environments.



Clyde and Niki Butcher



Gator Hook in Big Cypress National Preserve photo by Clyde Butcher

For the 2015-16 school season, the program will host about 2,800 sixth graders. The science students do everything from performing water quality tests and studying the weather to comparing soils in three different habitats and tracking Florida panthers (aka Beanie Babies for this exercise) with radio telemetry.

"We are going on the 17th year of this program, and hopefully this experience will make these students stewards for the environment and help them really understand the importance of the Big Cypress National Preserve and the National Park Service," said Lisa Andrews, the outreach and education coordinator for the Big Cypress National Preserve. "It's wonderful when people like Clyde and Niki assist with our outreach efforts. They have been unbelievable supporters for as long as this program has been in existence, and these events will help us reach the public and bring awareness to the National Park Service, which turns 100 on August 25, 2016."

The Clyde Butcher Big Cypress Gallery is located at Highway 41 Tamiami Trail (mile marker 54.5) in Ochopee, Florida. For more information, visit www.ClydeButcher.com or call 239-695-2428.*



Charlee Armstrong, with the help of Max Brodeur, demonstrates how her milliped house will allow the millipeds to come and go as they please

New Playground Blocks Bought With Grant Money From San-Cap Rotary

Students at the Children's Education Center of the Islands were thrilled to be able to play and create with their new playground blocks. These blocks are made to withstand the wear and tear of outdoor play, especially by preschoolers.

These blocks were bought with grant money received by the Sanibel-Captiva Rotary Club. Play blocks encourage problem solving skills as well as help children develop motor skills and hand-eye coordination, spatial skills, creative thinking, social skills and language skills. There is also evidence that block play is linked with advance math skills.*



CECI students were ready to test out their new table by requesting lunch outside



Cooperation is key as many preschoolers work together to construct their design that ended up being many different things... depending on which child you talked to

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers
Reverend Dr. Elias Bouboutsis. Orthros
Service Sunday 9 a.m. Divine Liturgy
Sunday 10 a.m. Fellowship Programs,
Greek School, Sunday School, Bible Study
www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam
Temple of the Islands meets for Friday
night services at 7 p.m. in the Fellowship
Hall of the Sanibel Congregational United
Church of Christ, 2050 Periwinkle Way.
Rabbi Myra Soifer. For information call
President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris
Services every Sunday 11 a.m. through
April 24, 2016. 11580 Chapin Lane on
Captiva. 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday 10:30 a.m.;
Sunday School 10:30 a.m.; Wednesday
evening meeting 7:30 p.m.; Reading room
open, Monday, Wednesday and Friday 10
a.m. to 12 p.m. (November through March),
Friday 10 a.m. to 12 p.m. (summer hours).
472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday mornings
9 a.m. Bible Study and 10 a.m. Worship
Service at The Community House,
2173 Periwinkle Way. 239-671-5502.

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684
Dr. Daryl Donovan, Senior Pastor

Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m.
Contemporary and 11 a.m. Traditional in main
Sanctuary. 10:15 a.m. Courtyard Fellowship.
9 and 11 a.m. Bible classes. Childcare avail-
able at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497
The Reverend Dr. John H. Danner, Sr.
Pastor. The Reverend Deborah Kunkel,
Associate Pastor. 7:45 a.m. Chapel Service,
10 a.m. Full Service with Sunday school
and nursery care provided. Elevator access.

ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763
Pastor Reverend Christopher Senk,
Saturday Vigil Mass 5 p.m., Sunday Mass
9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30
a.m. Communion Service Mon. and Tues.
8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 9:30 a.m.
Sunday Eucharist, 9:30 a.m. Sunday
School, 9 a.m. Tuesday Morning Prayer, 9
a.m. Wednesday Healing Eucharist, 6 p.m.
First Wednesdays Prayer and Potluck.
472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month
from December through April at the Sanibel
Congregational Church, 2050 Periwinkle
Way at 5 p.m. A pot luck is held at a mem-
ber's home on the third Sunday of each
month. For more information call 433-4901
or email ryi39@aol.com.✽

Medicare Open Enrollment Seminar

Sanibel Community Church will host
its 2nd annual Medicare Open
Enrollment Information Seminar
on Thursday November 5 from 1 to
2:30 p.m. in Fellowship Hall.

This program will be presented by Jo
Marshall from SHINE (Serving Health
Insurance Needs of Elders), a program
of Department of Elder Affairs and local
Area Agency on Aging.

Each year, Medicare enrollees have
an opportunity to switch from original
Medicare to a Medicare Advantage plan,
or from a Medicare Advantage plan back
to original Medicare. Enrollees can also
switch from one Medicare Part D (pre-
scription drug) plan to another.

Medicare health and drug plans can
make changes each year – things like
cost, coverage, and what providers
and pharmacies are in their networks.
October 15 to December 7 is when all

people with Medicare can change their
Medicare health plans and prescription
drug coverage for the following year to
better meet their needs.

If you will be enrolling in Medicare in
the near future, this program can help
you to make informed decisions regarding
your healthcare choices.

People in a Medicare health or pre-
scription drug plan should always review
the materials their plans send them, like
the Evidence of Coverage (EOC) and
Annual Notice of Change (ANOC). If
their plans are changing, they should
make sure their plans will still meet their
needs for the following year. If they're
satisfied that their current plans will meet
their needs for next year and it's still
being offered, they don't need to do any-
thing, according to CSM.gov.

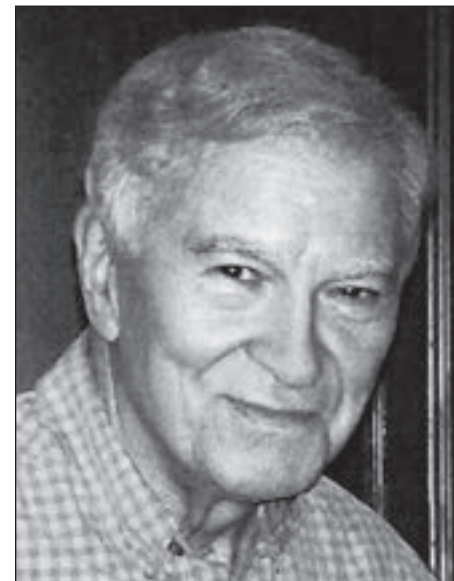
Protect yourself and your health ben-
efits by selecting the best plans for you.
Contact Deb Stephens, Faith Community
nurse at deborah@sanibelchurch.com or
401-529-0713 for more information.

Sanibel Community Church is located
at 1740 Periwinkle Way (next to Jerry's
Market).✽

Richardson To Speak At Free Banquet

Don Richardson, author of the
famous book *The Peace Child*,
will be the guest speaker at the
Wickliffe Translators banquet held on
Tuesday, November 3 starting at 6:30
p.m. at the Crown Plaza Hotel – Bell
Tower in Fort Myers. This free banquet
is offered by the Wickliffe Translators
to inform you of how modern methods
have shortened the time to translate the
Bible into the heart languages of mil-
lions. Over 1,500 languages remain to
have the Bible in their language.

To obtain tickets, call Dr. Bob Stuckey
at 699-2612.✽



Don Richardson

Trunk Or Treat Returns To SCC

Sanibel Community Church invites all
little "princesses and superheroes"
to their Halloween Trunk or Treat
event on Saturday, October 31 from 4 to
6 p.m. There will be lots of trunks brim-
ming with all kinds of candy to collect.
Families can play games and gobble up a
snack. Come and join our fun and safe,
family-friendly event.

Sanibel Community Church is located
at 1740 Periwinkle Way (next to Jerry's
Market). For more information, call 472-
2684 and ask for Kathy, or email her at
Kathy@sanibelchurch.com.✽



Keiran Kerscher invites everyone to this
year's Trunk or Treat at Sanibel Community
Church on Saturday, October 31 from 4 to
6 p.m.

SANIBEL COMMUNITY CHURCH PRESENTS

Esther's Friend

A new fiction book
by Pastor Daryl Donovan
A compelling story of spiritual conflict.

Book Signing

Sunday, October 25th
from 2 to 4 p.m.
in The Carpenter's Café & Bookstore
**50% Of Sales Go To
Florida Baptist Children's Home**
Special \$2 Faithful Frappés
*Other Books by Pastor Daryl will be offered
half price "suggested donation"
with the purchase of Esther's Friend.*

ALL ARE WELCOME!

SANIBEL COMMUNITY CHURCH
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JOIN US FOR WORSHIP WITH
SUNDAY SERVICES AT 8:00 A.M., 9:00 A.M. & 11:00 A.M.

Our email address is press@islandsunnews.com

SCC Teens Visit Camp 737

This weekend, on October 23, 24 and 25, dozens of teens involved in the H2O Student Ministry at Sanibel Community Church will be leaving for their annual Camp 737 at Lake Aurora. There will be great times for games, campfire, paintball, boating, swimming, low ropes course, worship, soaking in the Word of God and prayer.



Teens from Sanibel Community Church visit Camp 737 in 2014

The speaker this year is Rev. Joel Bath from Billings, Montana. He is a worship pastor and has taught worship seminars at the YWAM (Youth With A Mission) base in Hawaii. He will be speaking on how we as believers and followers of Jesus can worship God in many more ways than just singing.

If there are other teens that would like to go, contact Pastor Kevin Schafer, youth pastor at Sanibel Community Church, at 472-2684 for more details.

H2O meets on Wednesday evenings and is for middle school and high school students grades 6 through 12. Sixth through eighth graders meet at 5 p.m. for concessions and games and then transition to worship and lesson time and conclude their evening at 7 p.m. High school students meet from 6 to 8 p.m. in the youth center at Sanibel Community Church.

If you know any teenagers who are looking for a place to connect and a safe place to develop their faith, encourage them to attend.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).*



St. Michael's Prayer and Potluck diners enjoy the buffet-style meal photo by Jan Holly

November Prayer And Potluck At St. Michael's

St. Michael and All Angels Episcopal Church invites islanders and island visitors to its regular, "First Wednesday" Prayer and Potluck on November 4 at 6 p.m.

The gathering meets first in the church's Sanctuary for a half-hour, All Souls Day devotional service. The service, "Lest We Forget," which honors the faithful departed, includes hymns, readings and prayers for the holy day. Participants will light commemorative candles for loved ones who have passed.

Service organizer and lead reciter Alex Flesh will offer a personal reflection for All Souls Day, which by coincidence falls on the birthday of his brother Alfred, killed in action during World War II. Beryl Flesh and Carol Heath also serve as readers. Accompanied by organist and pianist Jan Holly, the congregation joins in the singing of hymns and Taizé responses.

The potluck dinner follows at 6:30 p.m. in the Parish Hall. Diners share their recipes at a buffet tailored to the occasion. Everyone is welcome. Bring your favorite dish to the dinner, and your dinnerware, if you can, or just bring yourself, enjoy the camaraderie and get better acquainted with your fellow islanders.

The church is located at 2304 Periwinkle Way on Sanibel. For more details, call 472-2173 or visit saintmichaels-sanibel.org.*

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Island Sun
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Aubrie Suslick and Eden Fautz were chosen servers of the night at their table. The LOGOS kids had a yummy meal of sloppy joes, tater tots, veggie plate, applesauce and a brownie, all topped off with a mummy gummy candy.

LOGOS Night At The Museum

The LOGOS families at Sanibel Community Church celebrated A Night at the Museum on the evening of October 14. Dining tables were highlighted with "artifacts." There were mummy gummies as a candy treat. The night guard inspected and interviewed the "mummies" created by each table group before the mummy walking relay.

Each week of LOGOS is centered around a fun theme. This intergenerational program is for families who have kids ages 3 years through fifth grade.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). To find out more about how to register for the LOGOS program, call Kathy Cramer at 472-2684.*



The Night Guard Cindy Sitton interviewed Grace Mitchell about how their table group created the mummy, better known as Jackie Chavez-Santana

I Am Learning And I Am Teaching

Five-year-old Harrison Jones teaches his fellow classmates their alphabet at Summit Christian Preschool at Sanibel Community Church, where children ages 3 to 5 learn with one another for part of each day. If you are interested in preschool for your 3 to 5 year old, contact Kathy Stanley at Summit Christian School at 472-7007. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).*



Harrison Jones teaches the alphabet at Summit Christian Preschool

Global Cardboard Challenge



The VPK class was hard at play during the Global Cardboard Challenge. This annual event celebrates child creativity and how their communities can help foster it.

This past week, the students at the Children’s Education Center of the Islands participated in the Global Cardboard Challenge. The Global Cardboard Challenge is an annual event presented by the Imagination Foundation to celebrate child creativity and the role communities can play in fostering it.

Children are invited to build anything they can dream up using cardboard, recycled materials and imagination. In two hours, the kids and teachers, made a boat, a castle, a rocket ship, hats, purses, a kite, went to Mars and pretended they were raccoons in a tree.

The students may have thought they were having a free day, but they were really learning through play. The cardboard challenge fosters creativity, ingenuity, resourcefulness, perseverance and teamwork.

Through the Cardboard Challenge, children have learned math, engineering and other STEM related concepts such as writing, design thinking, creative problem solving, sustainability and social entrepreneurship. As far as the children were concerned, learning is so much more fun when you’re outside, or inside, a cardboard box.

The Children’s Education Center of the Islands is a nonprofit preschool offering full time and part time classes for children 18 months to 5 years of age. For more information, call 472-4538.✱



Kayla Cavanagh is hard at work on her project



Sometimes it’s hard to tell who has more fun in class, Ms. Kerra Pike or her VPK students



Landon Markosky is proud of the “people box” he created



Dawsyn Dewing and Cameron Lee practice safety with helmets and seatbelts, not visible but very well taped in their boat, while navigating the stormy seas






Hazel DeCosta shows us the kite she created



Cameron Lee and Maja Mossberg discuss with each other details about how they should design their rocket ship

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Mike and Sharon Bugler as living boxes

Christmas Shoeboxes Now Being Collected

LOGOS kids and Sanibel Community Church will be collecting Christmas Shoeboxes again this year. These shoeboxes are filled with toys, personal care items and especially school supplies (please, no war



Decorated shoeboxes

toys or chocolate) to be sent all over the world to children for Christmas through Franklin Graham's Samaritan's Purse. Samaritan's Purse is a non-denominational evangelical Christian organization providing spiritual and physical aid to hurting people around the world. Empty shoeboxes will be available in the Courtyard at Sanibel Community Church on Sundays through November 15 from 8:30 to 11 a.m., or from the church office Monday through Thursday from 8 a.m. to 4 p.m. Shoeboxes from home may also be used. A list of items to be included in shoeboxes may be found on www.samaritanaspurse.org. All filled shoeboxes may be dropped off at the church during the above hours. The last collection date is Monday, November 16. Sanibel Community Church is located at 1740 Periwinkle Way on Sanibel (next



2014 collected shoeboxes

to Jerry's Market). For additional information about the church or the LOGOS program, call 472-2684.*

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Sanibel Police And Fire & Rescue Visit Sanibel Christian Preschool



Ron Ritchie demonstrates how to use a fire hose with the help of preschooler Addie

Last week, the students of Sanibel Christian Preschool were learning about helpers and welcomed visitors from the Sanibel Police Department and Sanibel Fire & Rescue District. Sanibel Christian Preschool offers a quality education for 2, 3 and 4-year old children in a nurturing environment where as a ministry of Sanibel Congregational United Church of Christ we recognize everyone is a beloved child of God. Sanibel Christian Preschool has scholarships available based on financial need so that parents can give their children a great start regardless of their current economic situation. For more information about our school, contact director Laura Miltner at 472-0497.*

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Snow Birds Now Arriving



by Capt. Matt Mitchell

White pelicans are one of our first visual indicators that winter is on the way, and within a period of a few days this week, our skies became filled. These huge

birds (aka snowbirds) travel south every winter from as far north as Canada and Minnesota to enjoy our warmer winter. With weak coldfronts already passing through and bringing us cooler temperatures along with strong winds, now that the door is already open, we might as well get used to it as they will just keep rolling through.

Although the change of seasons in south Florida is not as extreme as in other parts of the United States, it is still a huge factor for fishing. Changing tactics with the season is all part of the



A pompano that skipped into the boat this week

game to catch fish. Taking at least a few dozen live shrimp along on my charters began for me this week. Live shrimp is the wintertime go-to bait and will catch fish when simply nothing else will. Cooling water temperatures mean the

live bait shrimp have gotten considerably bigger than the last time I looked.

Several flats that I fished this week I saw skipping pompano. These fish are a blast to catch and often while motoring around on a grass flat or channel, you will spook them and see them skip. Cast silly willy jigs or a live shrimp on a small jig head to get into this often fast-paced action. For their size, they fight really hard and generally travel in large groups. While motoring down a channel on the edge of a grass flat this week, I had a large pompano come up and skip, hit the side of my boat then jump again, landing right in the boat. I've had them bounce off the side of the boat a

few times but never land inside.

With big schools of mullet showing up all over the sound, I always enjoy the shallow water sightfishing shark fishing opportunities this brings. Lots of the areas that are holding large concentrations of mullet are just loaded up with big hungry sharks of all types. Watching 5- to 8-foot long sharks finning around these mullet schools in shallow water is a blast, and getting one to eat a bait is a visual treat. Once hooked up, this only gets better as you can see the shark tear across the shallow water. When you spot these sharks working the mullet schools, cast a half a fresh cut mullet to the general area and you can watch the crime go down.

Lots of fry bait, birds and predators are still scattered through the sound. A few times this week well taking advantage of this easy bite clients hooked into more than they had bargained for. Hooking a 5-foot shark or a full sized tarpon, a 10-pound class spinning rod while casting jigs is often a shock. One such tarpon bite happened right at the bow boat and was over very quickly as the tarpon tail splashed us all.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmatt-mitchell@aol.com.*

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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CROW Case Of The Week:
Peninsula Cooter



by Patricia Molloy

As one of the most common freshwater turtles in Florida, the peninsula cooter (*Pseudemys peninsularis*) can often be seen near fresh bodies of water like lakes and slow

moving streams. These environments provide soft sandy bottoms, ample basking sites and abundant vegetation on which to feed. They will, however, occasionally enter brackish water. While Florida cooters (*Pseudemys floridana*) are found throughout the southeastern coastal plain, the subspecies *peninsularis* is only found in Florida.

Reaching nearly 15 inches in length as adults, the body and shell are darkly colored with bright yellow lines. One of the most interesting facts about these fresh water turtles is that while primarily omnivorous (youngsters have been known to eat some fish and insects), they become vegetarians with age.

It is a common sight for drivers in Southwest Florida to see a turtle slowly, but determinedly, crossing a road. Be patient. These gentle terrestrial beings have survived on this planet for millions years; a few minutes of your time pales in comparison. If you feel compelled to



The peninsula cooter was injured by a careless driver. An esophagostomy tube was inserted to ensure sufficient nutritional intake.

accelerate its journey and protect it from less attentive drivers, please relocate it in the direction it is traveling. If you return a turtle to its point of entry, it will simply try to cross again once you have driven on your merry way.

A peninsula cooter was admitted to CROW after being hit by a car. In addition to a gaping wound in its shell, it sustained injuries to its spinal chord and lungs – aquatic turtles inflate and deflate their lungs accordingly in order to dive and float. “He’s outside in the tub,” explained Dr. Molly. “There’s been improvement with his buoyancy issues, but he’s still not using his back legs reli-

ably; just his front legs to swim around.”

Shortly after its arrival, the patient was anesthetized so that an esophagostomy tube could be inserted down its neck. The e-tube was necessary to ensure that the turtle is receiving sufficient nutrients, because it was not eating very much on its own. According to Dr. Heather, peninsula cooters do not eat well in captivity.

The turtle is also receiving supportive care in the form of antibiotics and pain medication, and it has been given anti-inflammatories to treat possible hemorrhaging. As a direct result, the cooter’s condition has improved. “Except that he’s not eating, clinically, he’s doing pretty

well,” said Dr. Heather.

It takes three to six months for a cold-blooded reptile’s wounds to heal. If you would like to sponsor this peninsula cooter on its long road to recovery, go to www.crowclinic.org and donate to patient #15-2706.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.*





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Special Show At SCCF

Patrick (Rick) Smith, Jr.'s *Florida IS A Land Remembered* show will be presented at both 1 p.m. and 5 p.m. on Thursday, November 12 at the Sanibel-Captiva Conservation Foundation (SCCF) Nature Center, 3333 Sanibel-Captiva Road. The show takes the audience through the process by which Smith's father researched and wrote this famous historical novel.

A Land Remembered is one of the jewels that helps frame the history of the 19th and early 20th century of Florida's pioneering days.

Rick Smith Jr. has carried on his father's raconteur style, and is currently a film producer in California. Several times a year, he treks to Florida to bring alive the story of the MacIvey family.

Smith has not only dug deep into *A Land Remembered* but has assisted the modern Florida cowboy to tell their story in a wonderful DVD *Florida Crackers, the Cattlemen and Cowboys of Florida – the story of a little-known culture that evokes a connection back to nature and core human values.*

For those of you familiar with Smith Sr.'s work, you may want to also explore *Angel City*, which exposes the dark side of migrant worker life in the 1950s and 60s, or *Forgotten Island*, about the Seminoles of the Everglades.

Smith will be available for a book signing and DVD sales.

Seating is extremely limited and reservations will be required for both shows. The program is sponsored by the Captiva Island Historical Society, the Florida Humanities Council and Sanibel-Captiva Conservation Foundation. Call SCCF for reservations at 472-2329. There will be no standby list.✱



Rick Smith, Jr.

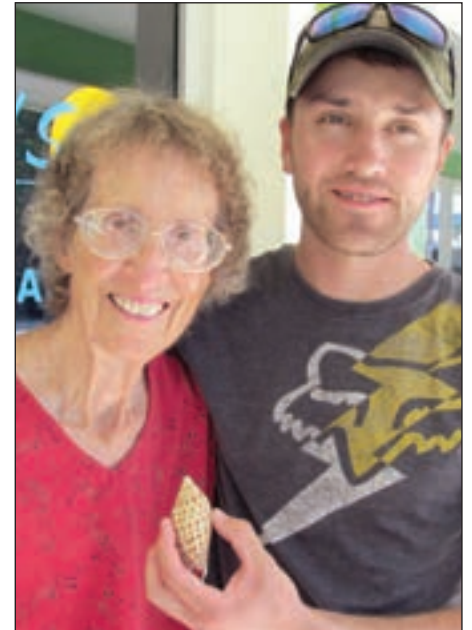
Shell Found



Georgina DiPasquale and Mike Basista

Georgina DiPasquale and Mike Basista, visiting from Russellton, Pennsylvania found a junonia on the gulf-side beach in Captiva while staying at South Seas Island Resort on October 12. "This was the best birthday present ever!" added DiPasquale.✱

Shell Found



Penny and Andrew Meyer

Andrew Meyer, visiting from Albuquerque, New Mexico found a junonia while shelling with Penny Meyer on the beach near Beachview Cottages on October 14.✱

Our email address is press@islandsunnews.com

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, October 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Friday, October 23, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The

program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. There is a photography opportunity available following the tour with an animal ambassador.

Monday, October 26, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy.

This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Tuesday, October 27, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted and how the medical staff treats this species.

Wednesday, October 28, 11 a.m., adults \$7, teens \$5, 12 and under no charge – continued on page 24



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Fish Caught



Sawfish
A six-foot sawfish was caught and released, documented and reported last week in the shallow waters off the Sanibel Causeway. The sawfish was caught by John Bell, who was fishing with RJ Gavin and Capt. EJ Lussier on October 1.✱

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Fish Caught



Barbie and Jordan Ellingsworth proudly show off a 30-inch redfish
Barbie and Jordan Ellingsworth, visiting from Missouri, caught-and-released a 30-inch redfish while on a Sea Reed Charter last week.✱

Fish Caught



Ben Tucker holding a 31-inch redfish
Ben Tucker, visiting from Columbus, Indiana caught this 31-inch redfish while on a fall break fishing trip with his father, Grant. The redfish was caught on a piece of cut ladyfish off an oyster bar in Pine Island Sound while fishing with Captain Jimmy Burnsed.
While this fish was above the "slot," and thus was too large to keep, the Tucker's did manage to land several "slot-sized" fish, two of which they enjoyed later that evening at the Lazy Flamingo.
The Tucker's enjoyed the hospitality of Dave, Jimmy and John Jensen at Jensen's Twin Palm Cottages and Marina on Captiva during their stay.✱

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Shell Of The Week

Ponderous Ark



by José H. Leal,
PhD, The Bailey-
Matthews National
Shell Museum
Science Director &
Curator

The ponderous
ark, *Eontia
ponderosa*
(Say, 1822), is one
of the most com-
mon shells found

on the beaches of Sanibel and Captiva islands. One of the most striking features of this species is its dark-brown or black, velvet-like periostracum, the organic shell layer that covers part or the entire shell. Visiting beachgoers often confuse the periostracum of the ponderous ark for a layer of oil or tar that could have deposited on the white shell. Another feature that sets the ponderous apart from other local species of mollusks is its association with the false sea fan, *Leptogorgia hebes* (Verrill, 1869), a marine colonial organism related to sea whips, sea anemones, and corals. False sea fans attach themselves to the posterior region of ponderous ark shells, and may profit from an enhanced food supply (zooplankton) facilitated by the water currents created by the filter-feeding host bivalves. Read more about the ponderous ark at <http://shellmuseum.org/shells/southwest-florida-shells/eontia-ponderosa>.



The ponderous ark, *Eontia ponderosa*

photo on right shows an ark with attached colony of the false sea fan, *Leptogorgia hebes*. photos by José H. Leal.

um.org/shells/southwest-florida-shells/eontia-ponderosa.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests

please book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day.

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks!

Monday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells. (Please check shellmuseum.org to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30 p.m.: Midday Tank Talk at the museum's live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.*

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Plant Smart

Carnauba Wax Palm

by Gerri Reaves

The carnauba wax palm (*Copernicia prunifera*) gets its name from the heat-resistant, long-lasting wax harvested from the leaves. This tree is economically important in its native Brazil, where it grows in semi-arid regions, particularly in savannas.

The white powdery wax, also called Brazil wax or ceara wax, is used in making products such as car and floor wax, the coating on medicinal pills and cosmetics.

Also called the Brazilian wax palm, this ornamental tree reaches up to 35 feet out of its native range. The single trunk's lower two-thirds is covered by knobby leaf bases that often form a spiraling pattern.

The dense rounded crown is composed of fan-shaped yellow- to blue-green leaves measuring about three or four feet across. They are deeply divided into many segments.

The petioles, or leafstalks, are spined. The inflorescences of about seven feet are longer than the leaves and produce brownish yellow flowers.

The black fruit is round and about an inch across.

This is a slow-growing palm and is suitable as a container plant.

It prefers full sun and will tolerate both



The lower trunk is covered by persistent leaf bases photos by Gerri Reaves

droughts and occasional flooding.
Sources: *The Encyclopedia of Cultivated Palms* by Robert Lee Raffle, Paul Craft, and Scott Zona; britannica.com; and floridata.com.
*Plant Smart explores the diverse flora of South Florida.**



Non-native carnauba wax palm's leaf wax is harvested for making many commercial products

From page 24

CROW Calendar Of Events

no charge – CROW Case of the Week, presented by a CROW student.
CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and vet-

erinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, October 29, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a Gopher Tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted and how the medical staff treats this species.

Friday, October 30, 11 a.m., adults \$7, teens \$5, 12 and under no charge) – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process, adults \$7, teens \$5, 12 and under no charge. Ask the staff how they work their magic.*



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An Electrifying Musical At Broadway Palm

by Di Saggau

Broadway Palm is presenting the national tour of the Broadway musical *Million Dollar Quartet* and it's a show you don't want to miss. The Tony Award-winning musical is inspired by the electrifying true story when four rock 'n' roll icons came together as a red-hot band for one unforgettable night. Listening to the music of Johnny Cash (Evan Buckley Harris), Jerry Lee Lewis (Jason Cohen), Carl Perkins (Christopher Wren), and Elvis Presley (Skip Robinson) is worth a million. What an evening.

It takes place on December 4, 1956 when Sam Phillips (Matthew Scott), the "Father of Rock 'n' Roll" gathers the four legendary musicians at Sun Records studio in Memphis. The result is jam session history. The musical contextualizes this important moment by incorporating background snippets of how each man came to the record label and the current state of their careers in a seamlessly creative way. In the musical, Sam Phillips is also grappling with impending changes in his life and with his career.

Cohen stands out as Jerry Lee Lewis because his character is known for his infectious energetic piano playing and



Cast Members of *Million Dollar Quartet*

fiery personality. His piano playing is electric and mesmerizing. He kills it on *Whole Lotta Shakin' Goin' On* and his "preacher" speech is hilarious.

Harris has the deep voice and guitar skills that give perfect life to Johnny Cash's songs. It's uncanny how much he sounds like Cash singing *Folsom Prison Blues* and *I Walk the Line*.

Robinson nails Elvis' singing style on the gospel numbers and the upbeat rock 'n' roll numbers. His manner and dance moves are right on target and his rendition of *Hound Dog* sounded just like the King.

Wren as Perkins kicks off the show with a fabulous rendition of *Blue Suede Shoes* along with the cast. Perkins also

wrote and sang the song before Elvis took it and made it a hit. Wren commands presence on the stage with his strong guitar playing and swagger.

Scott as Phillips, the founder and CEO of Sun Records, who discovered Elvis, Cash, Perkins and others, does an excellent job of narrating the show and keeping the story moving.

Jackey Good plays Dyanne, girlfriend of Elvis, and she captures attention with her sensual rendition of *Fever*. She acts as peacemaker to bring order to the competitive nature of the musicians.

Jody Alan Lee on bass and Jon Rossi on drums are a tremendous musical asset.

The show is expertly cast with the actors physically, vocally and emotionally filling the huge shoes of these rock 'n' roll icons. It's a "Wow" experience featuring amazing singing and musicianship, incredible music, awesome dance moves, an intriguing story and an insight into music history. Whatever you do, don't leave early when you think the show is coming to a close, because there's an encore performance that'll knock your socks off.

Million Dollar Quartet plays through November 21 at Broadway Palm, Southwest Florida's Premier Dinner Theatre. It runs about 2 hours and 30 minutes with no intermission. Tickets are available by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers. Don't miss it. It's incredible.✧

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Once again, Shell Point is proud to present another exciting season of cultural excellence. Featuring a wonderful array of talented performers in three distinct musical series, this season offers a variety of shows guaranteed to please!

The Fine & Performing Arts series kicks off in November with the culturally expressive and scenic costumes of the Krasnoyarsk National Dance Company of Siberia. In January, the Duke Ellington Orchestra brings an 88-year musical history to Shell Point. A *Night at the Oscars* in February presents the best movie, TV, and Broadway favorites performed by the Hollywood Concert Orchestra. We will enjoy the rich sounds of the Chicago Brass Quintet in March, then in early April we'll be delighted with *Something Wonderful: The Music of Rodgers and Hammerstein*.

FINE & PERFORMING ARTS CONCERT SERIES | 7:30 P.M. | THE VILLAGE CHURCH

NATIONAL DANCE CO. OF SIBERIA
Friday, November 6, 2015

DUKE ELLINGTON ORCHESTRA
Monday, January 25, 2016

A NIGHT AT THE OSCARS:
THE HOLLYWOOD CONCERT ORCHESTRA
Tuesday, February 9, 2016

CHICAGO BRASS QUINTET
Monday, March 7, 2016

BROADWAY POPS INTL. PRESENTS:
"SOMETHING WONDERFUL: THE MUSIC OF
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Visit shellpoint.org/concerts or call (239)454-2067 for more details & to order tickets!
Shell Point is located off Summerlin Road in Fort Myers, just 2 miles before the Sanibel Causeway.

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Upcoming BIG ARTS Workshops And Seminars

BIG ARTS will offer more than 270 workshops and seminars this season, a myriad of opportunities to explore your creative skills and expand your mind. Call 395-0900 or stop by the BIG ARTS Center, located at 900 Dunlop Road on Sanibel, to enroll. The following sessions begin soon:

- Drawing**
Constructing the Human Figure in Simple Forms
Instructor: Francesco Gillia
Mondays, 1 to 3:30 p.m. for four weeks
November 2 to 23
BIG ARTS members are \$85, non-members are \$106
- Instructed Life Drawing
Instructor: Francesco Gillia
Mondays, 9:30 a.m. to noon for four weeks
November 2 to 23
BIG ARTS members are \$115, non-members are \$144
- Life Drawing, Non-instructed Open Studio
Coordinator: Carol Rosenberg
Fridays, 9:30 a.m. to noon OR 12:15 to 2:45 p.m. for four weeks
November 6 to 27
BIG ARTS members are \$64, non-members are \$80

- Painting**
Paint with Friends, Open Studio
Wednesdays, 1 to 4 p.m.
October 7 to May 11
\$5 per week
- Dance**
Adult Tap
Instructor: Bobby Logue
Tuesdays, noon to 1:30 p.m. for five weeks
November 3 to December 22 (no class November 17, December 8 and 15)
BIG ARTS members are \$84, non-members are \$104
- Pottery**
Pottery on the Wheel
Instructor: Kelly Flaherty
Tuesdays, 6:30 to 9 p.m. for six weeks
November 3 to December 8
BIG ARTS members are \$95, non-members are \$120
- Pottery, Non-instructed Open Studio
Coordinator: Jerry Edelman
Mondays, 9 a.m. to 4 p.m. for four weeks
November 2 to 23
BIG ARTS members are \$48, non-members are \$60
- Fine Crafts**
Sweetgrass Baskets
Instructor: Gisela Damandl
Thursday and Friday, 9 a.m. to 4 p.m. (two-day class)
November 12 and 13
BIG ARTS members are \$121, non-members are \$151
- Photography**
What Do I Do With All These Photos?

- Learning To Manage Your Images and Gain Peace of Mind
Instructor: David Batley
Tuesday, 10 a.m. to 12:30 p.m. (one session)
November 10
BIG ARTS members are \$20, non-members are \$25
- Art & Technology**
The Camera App
Instructor: Gerard Damiano
Monday, 9 a.m. to noon (one session)
November 9
BIG ARTS members are \$50, non-members are \$63
- iPhone Essentials
Instructor: Gerard Damiano
Tuesday, 2 to 5 p.m. (one session)
November 10
BIG ARTS members are \$50, non-members are \$63
- What's New In iOS 9
Instructor: Gerard Damiano
Tuesday, 9 a.m. to noon (one session)
November 10
BIG ARTS members are \$50, non-members are \$63
- Mac Basics: OS10.11. El Capitan
Instructor: Gerard Damiano
Wednesday, 9 a.m. to noon (one session)
November 11
BIG ARTS members are \$50, non-

- members are \$63
- iPad Essentials
Instructor: Gerard Damiano
Wednesday, 2 to 5 p.m. (one session)
November 11
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- iTunes: Master Your Music
Instructor: Gerard Damiano
Thursday, 9 a.m. to noon (one session)
November 12
BIG ARTS members are \$50, non-members are \$63
- Essential Apps
Instructor: Gerard Damiano
Friday, 9 a.m. to noon (one session)
November 13
BIG ARTS members are \$50, non-members are \$63
- Social Media & Networking
Instructor: Gerard Damiano
Friday, 2 to 5 p.m. (one session)
November 13
BIG ARTS members are \$50, non-members are \$63
- For complete course descriptions and the full season's workshops and seminars schedule, visit www.bigarts.org/ workshops or email info@bigarts.org to request their Workshops & Seminars Guide. For more information, call 395-0900.*

An Inside Look At Wildlife Recovery



Baby great horned owl
photos courtesy of CROW

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife (CROW), along with photos of patients admitted to the facility.

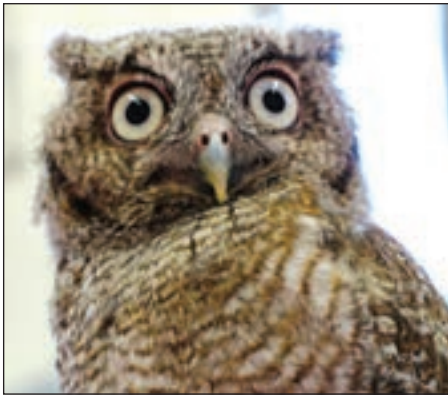
In 2014, CROW's wildlife hospital cared for 3,410 sick, injured, or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show is on Friday, October 23 at 11 a.m. in CROW's Visitor Education Center, 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$7 for



Baby burrowing owl



Baby screech owl

adults, \$5 for teens, free for current members and children under 13. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644, ext. 228. To learn more about CROW, visit www.crowclinic.org.*

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Now Open on Sanibel!

Shell Point Concert Series Begins With National Dance Company Of Siberia



Shell Point's Fine and Performing Arts presents The National Dance Company of Siberia, performing on November 6 at 7:30 p.m.
photos courtesy of Shell Point Retirement Community

Shell Point Retirement Community kicks off its 2015-16 Concert Series with a ballet performance by The National Dance Company of Siberia on Friday, November 6. This Fine and Performing Arts concert will take place at 7:30



View the stunning costumes and rich showmanship of The National Dance Company of Siberia, performing at Shell Point's Village Church Auditorium

p.m. in the recently renovated Village Church Auditorium. The National Dance Company of Siberia from Krasnoyarsk, Russia has performed for audiences in more than 60 countries throughout the world. The athletic young dancers combine precise choreography, stunning costumes, acrobatic agility and rich showmanship to present an evening of classical ballet, led by Artistic Director Vladimir Moiseyev. "This is the last opportunity for concert-goers to take advantage of savings of up to \$50, by purchasing advance season tickets," said Dawn Boren, Shell Point director of Resident Life. "The 2015-16 Shell Point Concert Series is filled with high-caliber entertainment by groups like The National Dance Company of Siberia, and you won't want to miss any performances." The season of five concerts is offered for \$125 – a \$50 savings. Individual tickets are available for \$35 each at www.shellpoint.org/concerts or by calling the box office at 454-2067.*

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Monday Night Movie

Two Days, One Night

by Di Saggau

The BIG ARTS Monday Night Movie for October 26, is *Two Days, One Night*, a Belgian film that asks the question "What's More Important: My Job or Your Bonus?"

Marion Cotillard stars in the role of Sandra Bya, a working mother fighting to save her job at a small company that makes solar panels. She's an ordinary person in mundane circumstances and her story is plainly and deliberately told in a sobering series of encounters between Sandra and the people who have, through no choice of their own, been given the power to decide her fate.

After a medical leave during which Sandra was treated for depression, she returns to work to find that her job is in danger of disappearing. The company has offered her co-workers a choice. If



she's laid off, they get a \$1,200 bonus. If they agree to give up the bonuses, she can keep her job. The 16 members of Sandra's work team have already voted to keep their bonuses, but her boss agrees to a second ballot. This gives Sandra two days and one night to persuade a majority of her colleagues to side with her. The humiliation of begging her peers for her

job images the emotional impact of each conversation. While most encounters begin politely, the reactions to Sandra's pleas vary considerably.

Let's face it, that money will help pay for school tuition, home repairs, mortgages and more. Nobody is rich or greedy, but some are perhaps more selfish than others. Ms. Cotillard's performance is as fine a piece of screen acting as you will ever see. The Dardenne brothers have turned a relevant social inquiry into a powerful statement on community solidarity once again, delivering a film that is simple on the surface but alive with both compassion and wisdom. It runs 1 hour, 35 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Series Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Series Supporters: Sanibel Taxi and Jerry's Foods of Sanibel.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.✴

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Sanibel Public Library has thousands of movies, television shows, music albums, eBooks, audiobooks and comics, all available for mobile and online access via Hoopla digital. There are no waiting lists and never any late fees.

The library offers Hoopla in addition to the eShelf services that offer downloadable eBooks and audiobooks through Overdrive and online magazines through Zinio. The eShelf was originally funded in 2010 with a grant from the foundation focusing on bestselling and popular eBooks and downloadable audiobooks. The following year the Sanibel-Captiva Rotary Club provided funds for a special eBook business collection. Since 2011, the eShelf usage has grown by 20 percent every year.

Many of the technology and electronic service programs began as pilot projects funded



Kenneth Burgener uses Hoopla on an iPad at Sanibel Library

in part by the library foundation. "We are fortunate to have an elected library board that encourages access to leading edge technology for Sanibel residents, and a library foundation that supports pilot projects and start-up services," said Sanibel Public Library Director Margaret Mohundro. "We leverage tax investment with foundation grants and donations to keep Sanibel Library as a service leader in Florida and nationally. It's a wonderful example of a successful public-private partnership that benefits us all," said Mohundro, who added, "Last year the Sanibel Library Foundation supported a pilot project to start the eMagazine service, and it has grown into a popular service." For patrons who prefer paper, there are more than 300 magazines and periodicals available in print at the Sanibel Library.

The library offers full color, interactive digital magazines with no limit to the number of magazines patrons can download. Current and past magazine issues are available for 24/7 download. Patrons can also check out eBooks to read on a variety of devices, including PC and Mac computers, the Apple iPhone, iPad, and iPod touch, Android, and eBook readers such as Sony Reader and Amazon Kindle. People who need technical assistance can stop by the library's technology area to make an appointment with one of the technicians to learn how to use devices to download a magazines, movies or books.

Wireless Internet access is available throughout the library for patrons bringing their personal laptops and mobile devices. The library also provides computers (at no charge) to use for Internet access, however, there is a 10 cent per page charge for printing. The library also offers a great selection of DVDs, large-print books, music CDs and magazines. Library cards are available to Sanibel and Lee County residents at no charge. Visitor cards may be obtained for a \$10 annual fee.

Major funding for eShelf is provided by the Sanibel Public Library Foundation, Inc. and its generous donors. For more information about the foundation or to make a donation, call 472-2483 or visit online at www.sanlib.org.

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Artwork by Leoma Lovegrove

Vino's Picasso Holiday 4 Heroes Fundraiser

Vino's Picasso is partnering with Lovegrove Gallery & Gardens on Matlacha to raise money for our troops. To date, Holiday 4 Heroes has sent 2,608 boxes and raised more than \$36,000. The goal this year is to send 1,000 boxes to our troops in Iraq and Afghanistan. We will need to raise \$15,900 to send those packages.

Nearly 100 percent of the proceeds for this event will benefit Holiday 4 Heroes to help send troops a care package for Christmas while wine and munchies have been generously donated to you for your generosity. Enjoy this paint session in Leoma Lovegrove's beautiful garden on Matlacha Island for \$60 per seat

while we create this popular version from her collection of famous American flags.

The Holiday 4 Heroes event will be held on Sunday, November 1 beginning at noon. For more information about attending, call Taylor Joyce at 288-6953.

BIG ARTS Monday Night Film Series

The popular film series at BIG ARTS returns with the most talked-about and award-winning movies of the year. The season opened Monday, October 19, with *The 100-Year-Old Man Who Climbed Out a Window and Disappeared*.

See a great film every Monday at 7 p.m. in Schein Hall now through April. Tickets are \$10, and films are followed by moderated discussions and complimentary receptions.

This season will feature:

- *Two Days, One Night*, October 26
- *Human Capital*, November 2
- *Iris*, November 23
- *Sils Maria*, December 7
- *The Woman in Gold*, December 28
- and 22 other selections

Buy a book of tickets in advance and save up to 25 percent (advance ticket holders must arrive before 6:45 p.m. to use tickets for that evening's film).

- Starter Pack: 5 for \$45
- Snowbird Set: 10 for \$80
- Movie Maven: 20 for \$150 – \$7.50 per film.

Call the Marks Box Office at 395-0900 or visit the website at www.bigarts.org.

The Marks Box Office is open 9 a.m. to 4 p.m. Monday through Friday and one hour prior to any performance.

BIG ARTS is located at 900 Dunlop Road.

To advertise in the *Island Sun* call 395-1213



A Florida-Friendly landscape

Florida Yards & Neighborhoods Program At Sanibel Public Library

Sanibel Public Library will be hosting the Lee County Extension on Thursday, October 29 featuring the Florida Yards & Neighborhoods (FYN) program beginning at 9 a.m. FYN teaches homeowners about "Florida friendly" gardening, a sustainable way to have a beautiful yard while being kind to the delicate South Florida and Sanibel environments.

The FYN class covers such topics as "What does it mean to be Florida friendly?" and "What's so special about native plants?" The class teaches the nine principles of creating and maintaining a Florida friendly yard. Following these principles will help to create and maintain a quality landscape while reducing the use of fertilizers and pesticides, conserving water supplies and increasing native habitats. The class will be taught by Master Gardeners Kathy White and Mary Ann Parson.

The public is invited to this library program. There is no registration required and no additional cost to participate.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit www.sanlib.org.*

Captiva Memorial Library Programs

The Captiva Memorial Library is offering the following free programs for children in November:

- Native American Heritage Month – 3 p.m. Saturday, November 7
The Good Luck Cat by Joy Harjo and other Native American stories will be read. Children will make and play the Native American game, The Ball and Triangle.
- Saturday Afternoon Movie Time: Monsters University – 2 p.m. Saturday, November 14. Movie and light refreshments will be served.
- Thanksgiving Day Fun – 3 p.m. Saturday, November 21
The Very First Thanksgiving by Rhonda Gowler and other stories will be shared. Make a turkey treat cup. There will be treats to put in your cups to take home.

The Captiva Memorial Library is located at 11560 Chapin Lane in Captiva. For more information about a program or to register, call the library at 533-4890. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636) for more information about a specific program.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

In Celebration Of Paul Simon

by Tanya Hochschild

In Central Park that fabulous night,
You sang Bridge Over Troubled Waters,

We, atop our guys' shoulders,
swayed,
waved our candles, pushed adulthood away.

Strawberry Field aglow
against the backdrop of New York City.

All we were interested in was being happy.

We were, that fabulous, endless night.

Art and you reunited,
thousands of voices chorused
the songs you sang for us.

Now in your seventies
we hear, not the sound of silence
but an intake of astonished breath
at the sight of an older imposter of the boy
girls wept for on the streets of New York City
when we heard you had married for the first time.

Sail on, silver boy,
we are sailing right behind.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.*

Top Ten Books On The Island

1. *Hoot* by Carl Hiaasen
 2. *Esther's Friend* by Daryl Donovan
 3. *The Sanibel Sunset Detective* by Ron Base
 4. *Ten Days In Paradise* by Linda Abbott
 5. *The Sanibel Sunset Detective Returns* by Ron Base
 6. *The Devil in the White City* by Erik Larson
 7. *See Me* by Nicholas Sparks
 8. *The Two Sanibel Sunset Detectives* by Ron Base
 9. *The Hound of the Sanibel Sunset Detective* by Ron Base
 10. *Captiva* by Randy Wayne White
- Courtesy of Sanibel Island Bookshop.*

Call For Artists

The CCA invites artists to submit original artworks depicting the Chapel by the Sea and/or the adjacent Captiva Historical Cemetery as entries in a special holiday exhibition.

The CCA exhibit opening reception will take place on Tuesday, December 8 from 5 to 7 p.m. in the newly-renovated Civic Center Hall. The artists reception is open to the public. The exhibit will run through December 18.

For more information, contact Erin Hagan at 472-2111 or erin@ccacaptiva.org.*

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Pink Out Party This Sunday



Supporters of the 4th annual Pink Out Sanibel & Captiva, from left, volunteer Gail Estka, Allison Dry of Cip's Place Restaurant, David Flory of Island Ballroom and volunteer Vilma Schwarz gathered at Cip's Place last week to promote this year's event, which will be held on October 25

photo by Jeff Lysiak

by Jeff Lysiak

The 4th annual Let's Pink Out Sanibel & Captiva Islands will return this Sunday, October 25 when the Radiology Regional Center's Mobile Mammogram motorcoach visits the Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road on Sanibel.

From 1 to 3 p.m., a Pink Out Party will be held inside Sanibel Fire Station #1. Event sponsors and local businesses will be showcased during the event. Cip's Place will be serving food and refreshments, Island Ballroom will be providing dance entertainment while additional specials and services will be a part of the festivities. The party is free for all to attend.

From 10 a.m. to 5 p.m., the state of the art mobile medical vehicle – staffed by members of the Radiology Regional Center – will be offering on site digital mammogram screenings. While most medical insurance companies will cover the expense of the examination, the fee for women who are uninsured is \$150.

In anticipation of Let's Pink Out Sanibel & Captiva Islands, several island businesses are doing their part to support breast cancer awareness. Kay Casperson, a longtime supporter of the annual gathering, has pledged 50 percent of the proceeds from sales throughout October of hot pink lipstick, pink luxury lip shine as well as pink apparel and hats from her Affirmation clothing line. Customers may purchase these items at any of the Kay Casperson Salon & Spa locations – at the Sundial Beach Resort on Sanibel, in Chadwick's Square at South Seas Island Resort on Captiva, in The Promenade at Bonita Bay in Bonita Springs and at the Buena Vista Palace Hotel in Orlando.

During the Pink Out Party, Casperson's staff will be offering pink hair extensions and makeup applications in pink to attendees.

Also, throughout the month of October, Bennett's Fresh Roast will be selling a specially-created Pink Out donut – which resembles a ribbon, topped with pink icing and multi-colored sprinkles – with \$1 from each donut sold (priced at \$2.25) going to the breast cancer awareness campaign. Bennett's Fresh Roast is located at 1020 Periwinkle Way on Sanibel.

Bank of the Islands and Cip's Place restaurant are selling T-shirts for \$10 each at their businesses. The bank's two local branches are located at 1699 Periwinkle Way on Sanibel and 14812 Captiva Drive SW on Captiva. Cip's Place is located at 2055 Periwinkle Way on Sanibel. Proceeds will benefit Pink Out Sanibel & Captiva Islands.

The local awareness event was founded in 2012 after Sanibel Fire Chief Danny

Duncan asked a question during The Bailey-Matthews National Shell Museum's annual Celebrity Island Dinner fundraiser, "How can we get the Mobile Mammo motorcoach to Fire Station #1?" Mary Bondurant, a Sanibel resident, realtor and breast cancer survivor, responded that she would call and see if she could get something set up for the month of October.

Following three successful Pink Out campaigns, Bondurant is even more excited about the prospects for this year's event.

"Cancer touches and claims so many lives and we all know someone whose life has been forever changed by this relentless disease... I know mine has," said Bondurant. "Early detection is the key. A mammogram saved my life, and if I can help somebody else out by doing this event, that's the greatest reward I could wish for. The good news is that this is a fight that we absolutely can do something about."

Sponsorships for individuals in need of mammograms are available for \$150 (the cost for an uninsured examination), and \$50 Hug sponsorships are also requested. Businesses are asked to donate a raffle item or showcase their business with a table during the Pink Out Party on October 25; cost is a \$150 donation. To become a sponsor, email pinkout@thebrg.net, mail your check to Pink Out FISH, P.O. Box 504, Sanibel, FL 33957 or visit www.pinkoutsanibel.com for more details.

During the event, donations for FISH of SanCap – both monetary and canned goods for the food bank – will be accepted. A fundraising raffle will also take place.

According to the Radiology Regional Center, one third of breast cancer deaths each year could be prevented through early detection. Approximately one out of every eight women develops breast cancer during the course of her lifetime, and breast cancer ranks second as the cause of cancer deaths in American women, claiming more than 40,000 lives annually.

The three keys to early detection, recommended by the American Cancer Society, include:

- Practice regular breast self exams (women 20 years and older)
- Clinical evaluation of the breast by a physician:
 - Every three years (women 20 to 40 years old)
 - Every year (women 40 years and older)

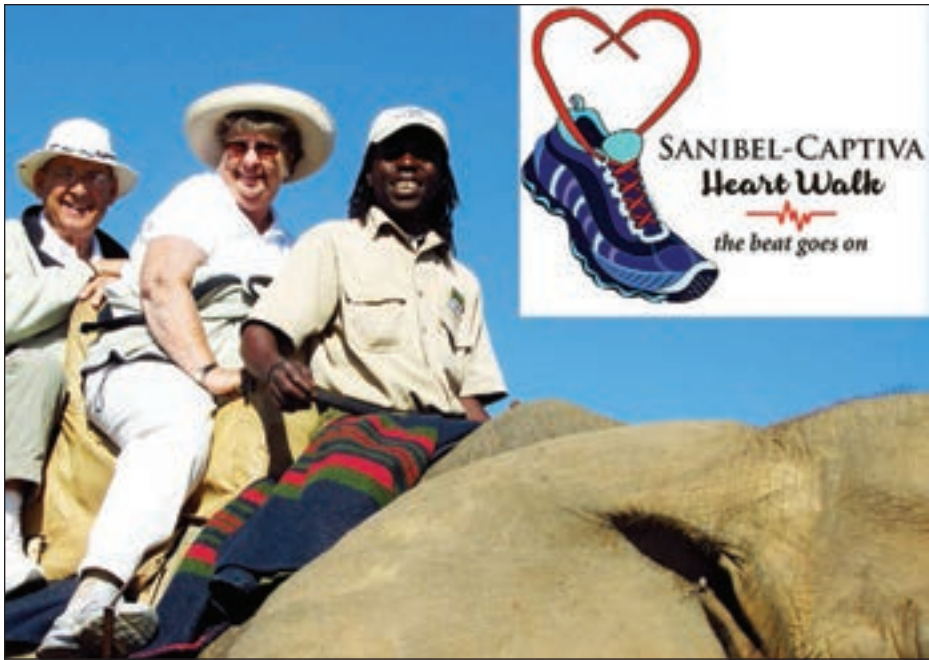
continued on page 13B

Sanibel Fire & Rescue District Celebrates 60 Years Of Service



Sanibel Fire & Rescue District's Station #1 on Palm Ridge Road

On Saturday, October 24 from 10 a.m. to 2 p.m., the Sanibel Fire & Rescue District will celebrate its 60th anniversary with an informal ceremony at Station #1, 2351 Palm Ridge Road on Sanibel. The ceremony with commemorate the past 60 years of service to the community of Sanibel. All are welcome to attend and participate in the event that will include station and equipment demonstration, speaking with Fire Chief Danny Duncan and staff, children's activities and free hot dogs.*



George and Lynne Campean with their guide in Africa

Trip To Africa First, Then Open Heart Surgery

In early 2014, George Campean had no idea that he would face open heart surgery. Now successfully recuperated, he pays it forward by working on the organizing committee for the 2016 Sanibel-Captiva Heart Walk.

Campean's story began in April 2014

when he experienced shortness of breath while climbing the stairs. This was unusual and set off a warning that precipitated a visit to his doctor and ultimately a visit to a cardiologist/surgeon. During this appointment, he was stunned to hear that he needed heart surgery. He had no warning. This edict was delivered with no empathy. He was instructed to immediately change his plans for an upcoming trip to Africa. Unwilling to just comply, George sought another opinion.

Fortunately, his wife Lynne's cardi-

ologist, Dr. Elizabeth Cintron at Florida Heart, was willing to see him. Following good protocol, she ordered an angiogram, which confirmed that the only solution to his condition was heart surgery as his aortic valve was only functioning at 50 percent. After researching qualifications of the surgeons that were suggested, he chose Dr. George Comas and set up an appointment for consultation. Upon meeting Dr. Comas, both George and Lynne knew they had chosen wisely.

Still remaining was the already planned trip of a lifetime. When they discussed the dilemma with the surgeon, he said that he wanted to carefully study George's angiogram and speak with the doctor in attendance. Several uncertain days followed their meeting until Dr. Comas called with several more questions, such as "Did George faint and lose consciousness upon climbing the stairs or upon exertion? Had he fallen at any time?" The answers to these questions were all "no." Eventually, Campean was told to be cautious about overexerting himself and to schedule his surgery upon his return from his trip and after the scheduled visit of his grandson to Sanibel.

All went well both in Africa and with their grandson's visit. Campean had his prescheduled surgery on July 9, 2014 at Health Park hospital. His wife says that his care was fantastic, although waiting for the results was scary for her. George remembers that 48 hours after surgery he was walking. Four days later, he was home. He even walked up the stairs to their stilted home without help. His care was sped along with the help of a

visiting nurse and physical therapist who, within days, had him walking around the neighborhood. Surprisingly, Campean was not in pain, but kept his heart pillow, provided by a visiting heart group, handy in case he laughed or sneezed. During the whole time, only two aspirins were needed.

That is not to say that everything was perfect. Campean paced. He was unable to stay seated for long periods of time and concentration was extremely difficult. Watching television or reading was impossible. In addition, his memory was impaired. Before the surgery he had a wonderful grasp of names, dates, numbers and places but after the surgery it seemed to be gone. He had to continually explain to friends and neighbors that he was having memory lapses. George worried that people would think he was getting Alzheimer's. No one had warned him that heart surgery can have side effects on memory, and that it can take months and sometimes years for memory issues to gradually improve. George wished that such information had been shared with him before the surgery, as it would have relieved a lot of stress.

Currently, Campean's life has returned to normal. He does all the things that he did prior to surgery and has no sense of limitations. He is glad that he had the foresight to listen to what his body was telling him and not to wait until it was too late to see his doctor. He was told by Dr. Comas that his symptoms foretold the beginning of what they call a "five year

continued on page 8B



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Honor Veterans This National Deployment Day

submitted by Ted Tyson

There are numerous national holidays and days of observance throughout the year, during which we Americans come together to celebrate and honor significant historical events, figures and members of our society. Veterans Day, Memorial Day and POW/MIA Day are just a few occasions marking the service and sacrifice of military veterans, and we hold these as sacred opportunities to remember our brothers and sisters, especially those who never came home.

One such observance that often seems to be overlooked is truly near and dear to DAV's mission of veteran-to-veteran service. October 26 marks the nation's annual Day of the Deployed, which honors the men and women who have been or currently are deployed in harm's way, in other countries, defending the freedom of the USA.

Unless we personally have a friend or loved one serving overseas, it is easy to lose sight of the immeasurable sacrifice being made every day by our troops on our behalf. This seems especially true for the majority of our country, which does not have a connection with active military members.

Recognizing the Day of the Deployed is also in line with one of our most critical functions: ensuring veterans and their families, discharged or disabled, are able to transition back to civilian life as smoothly and successfully as possible.

As you read this, there are men and women standing posts across the world, far from their homes and loved ones.

Soon, many of those individuals will be transitioning back to civilian life and will need a friendly face to help guide their way. Our local DAV Chapter 108 stands ready to help.

As members and friends of DAV and the DAV Auxiliary, we understand and have may experienced this very difficult journey, and we have a great responsibility to make sure those who come behind us are well-served by their fellow veterans. It's part of DAV Chapter 108's mission to help raise that awareness and keep our veterans and military members a part of the conversation. I encourage everyone, on the Day of the Deployed – and throughout the entire year – to encourage and help our local communities remember the sacrifices made by the few on behalf of the whole.

This could be done by spreading the word about DAV's employment resources, job-search tools, All Veterans Career Fairs and our employment website, jobs.dav.org. It may be by helping to direct local veterans to a nearby National, Transition, Department or Chapter Service Officer for assistance with their claims. It might be something as simple as spreading the word in our local communities that DAV will be there for their deployed loved ones when they return home, and supporting local fundraising.

To all my brothers and sisters who answered the nation's call with service overseas, or here at home, thanks to you and your families. Now, let's take our experiences and understanding, and help make things better for our local veterans by supporting our DAV Chapter #108's local fundraising event.

Checks must be made payable to DAV Chapter 108. Mail donations to Sanibel-Captiva Community Bank, 2475 Library Way, Sanibel, FL 33957.

God bless you, and God bless America.✪

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Tattoo Pledges Love For Sanibel

by Jeff Lysiak

They say that some people wear their hearts on their sleeve. But for Stephanie Williamson, she wears her passion for Sanibel along her left arm.

A resident of Le Roy, Illinois, Williamson has spent most of the last year planning, designing and undergoing countless tattoo sessions to permanently display her love for Sanibel from the top of her left shoulder down to her wrist.

“Applying the tattoos took two to three hours per session,” she explained. “I went (to the tattoo studio) every two to three weeks, and the entire process took me about six months.”

The full-sleeve tattoo contains several elements pertinent to the island, including the Sanibel Lighthouse, a number of varieties of shells, a bouquet of periwinkle flowers, a pod of dolphins and – most meaningful of all – an image from her wedding, which took place on Lighthouse Beach on January 5, 2013.

Williamson, who has been visiting the island for more than 30 years, used to stay in lighthouse keeper’s cottage. Her brother, a long-time City of Sanibel employee with the Public Works Department, used to be a resident of the cottage.

“My kids vacationed here with me their whole lives,” added Williamson, who said that she and her family vacation on



Frequent Sanibel visitor Stephanie Williamson displays her love of the islands with a full-length tattoo sleeve along her left arm photos by Jeff Lysiak



Closeup of her wedding photograph

Sanibel almost every year. “I remember them running around the porch and running along the beach. We even celebrated continued on page 19B



Closeup of the Sanibel Lighthouse



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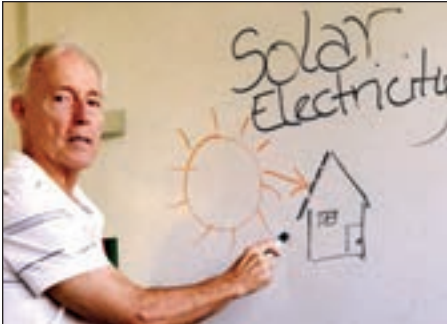


DDWS Announces Community Solar Power Initiative

Residents of Sanibel and Captiva islands will be able to realize savings on solar energy conversion through the collective buying power of SanCap Solar Connect, an initiative designed by “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Based on a number of successful initiatives in other states, it is the first community-wide solarize program in Florida.

DDWS will begin hosting informational Solar community meetings on Tuesday, November 3 at 5:30 p.m. in the “Ding” Darling Visitor & Education Center auditorium. Refreshments will be available. No reservations are necessary to attend the meeting.

Representatives from Urban Solar Group, SanCap Solar Connect’s carefully vetted installation partner, and DDWS will be on hand to explain how the program works and answer questions. Residents and businesses will be able to schedule evaluations with Urban Solar Group to receive a bid for installation costs and information on the cost advantages of a solar energy system.



SanCap Solar Connect committee chair John McCabe

More meetings will be scheduled in the weeks to follow in various locations around Sanibel and Captiva.

“The more people who sign on to convert to solar energy, the more everyone saves on installation costs,” said John McCabe, chair of the SanCap Solar Connect advisory committee. “Refuge and wildlife society buildings will lead the community conversion to solar, already lowering the cost for local residents and businesses, plus we have a number of others showing interest.”

Furthermore, residents and business owners who officially sign up by February 15, 2016 can apply for a federal tax credit. Installation must be completed by year-end 2016 to qualify.

Interested parties can contact program coordinator Joyce Lathrop at jlathrop@sancapsolar.org.

In addition to McCabe, the SanCap Solar Connect advisory committee

continued on page 13B

Rotary Happenings

submitted by Shirley Jewell

With just over a month to go, hurricane season in the United States is just about over for this year. It’s been a pretty quiet year on the home front for any kind of bad weather on Sanibel, but many of us still have enough memory intact to remember back to Hurricane Charley in 2004. Why bring that up now? Well, those memories might include how we felt returning to Sanibel and Captiva and looking at all the damage done during this major storm. We were lucky but we also had to cleanup, restore and, in some cases, rebuild our properties. On Sanibel, we had an amazing team of city employees, led by Sanibel’s remarkable City Manager Judie Zimomra tackling the job to reopen the island, clear the roads, evaluating and securing properties that were damaged, getting utilities going again and setting in place recovery plans.

City of Sanibel Planning Department Director Jim Jordan was San-Cap Rotary’s guest speaker last Friday morning. Jim is almost a native of Sanibel, having lived on the island since he was 3 years old. He has witnessed the incorpo-



ration of the city and all of the changes the city has gone through over the years. The fact is he has worked in the Planning Department for the last 30 years, becoming its director in 2009.

It’s been an incredible 10 years-plus on Sanibel since Charley, and with the city council and city manager’s undertaking, the tasks of improving on rebuild and redeveloping codes, non-conforming building regulations, Sanibel’s density plan, resort area rebuilding and improvements, etc.

Five years after Charley, the island itself was looking better, trees were finally growing along Periwinkle Way and things were getting back to a normal routine. But it had become obvious during this recovery process that some of our non-conforming buildings on island – particularly in our resort areas – were in need of improvement. Some of the city regulations in place had discouraged resorts and short-term rentals from reinvesting money into these properties, and the time to do this was at hand.

The city’s Planning Department has certainly been kept busy with these important improvements and changes to city codes and regulations, keeping in full view the Sanibel Plan, Federal Emergency Management and National Flood programs, state building codes and the important value of the natural environment on Sanibel and the very reason people visit and move to this unusual island.

Transparent and open planning meetings have improved the understanding and

continued on page 13B

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Highlights Of Family Fun Day At ‘Ding’ Darling



A parade of endangered species animals from IBEX Puppetry in Orlando engaged visitors at Sunday's Family Fun Day at the JN "Ding" Darling National Wildlife Refuge to learn more about what they can do to protect wildlife

photos by Jeff Lsyak



Linda Kulas and Blake Dominy from Cape Coral viewed a display about panthers



Michael Mullins of Captiva with CROW's Rachel Rainbolt and an animal ambassador from the wildlife clinic



Siblings Aaron, 11 months, Alexa, 2 and Avin Eggibrecht, 10, took turns playing instruments at the music tent



Oscar Lewington, 6, of Windson, England looked through a high-powered telescope



Urban Solar Group members Uriel Vergona, John McCabe, Tony Ramudo and Jason Szumlanski



Dennis Riggs explained the importance of honeybees in nature



Doris Hardy and Betsy Doonan at the Clear Your Gear table



CROW's Shayla Reighter displayed a yellow rat snake



"Ding" Darling Wildlife Society volunteers Mike Baldwin, Vasanta Senerat and Richard Yanice



IBEX puppeteers led a musical caravan through the refuge

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Members of LARC Inc. enjoying hot dogs and chips provided by George & Wendy's Seafood Grille

LARC Members Tour Tarpon Bay

Last week, 23 members of LARC, Inc. joined Tarpon Bay Explorers' naturalists to venture into the JN "Ding" Darling National Wildlife Refuge. LARC, Inc. promotes and provides opportunities in the communities for Lee County residents with developmental disabilities to achieve independent and responsible lifestyles.

"LARC provides a few field trips throughout the year, but this is the sixth year we've come to "Ding" Darling and Tarpon Bay and the LARC members absolutely love it," said event organizer Tom Hoover.



George Schnapp of George & Wendy's Seafood Grille dishes out hot dogs



Tarpon Bay Explorers' naturalist Donna Yetsko teaches LARC members about wildlife that make their home in Tarpon Bay

The excursion consisted of four parts: a tram ride, a hotdog lunch, a Touch Tank exploration and a Nature & Sealife Cruise. Tarpon Bay Explorers, the concession to the refuge, drove their tram through Wildlife Drive led by seasoned naturalists Steve and Donna Yetsko.

"The ample wildlife sightings we experienced today made it the best outing with LARC yet," explained Donna Yetsko. "From the get-go, we had a family of raccoons. We saw two gators,

a bald eagle and roseate spoonbills."

After the tram ride, everyone was brought back to Tarpon Bay for a waterfront lunch. George and Wendy's Seafood Grille provided hotdogs and chips, while watermelon and ice cream was supplied by Bailey's General Store. After bellies were full and hands cleaned, the Yetskos escorted folks to the aquarium Touch Tanks to discuss the wide variety of marine life that lives on the bottom of the Tarpon Bay estuary. They were very excited to see sea horses, sea stars, lightning whelks and horseshoe crabs up close and personal.

After experiencing the benthic wildlife, the folks hopped aboard *Explorer III* to voyage the calm waters of Tarpon Bay in search of more wildlife.

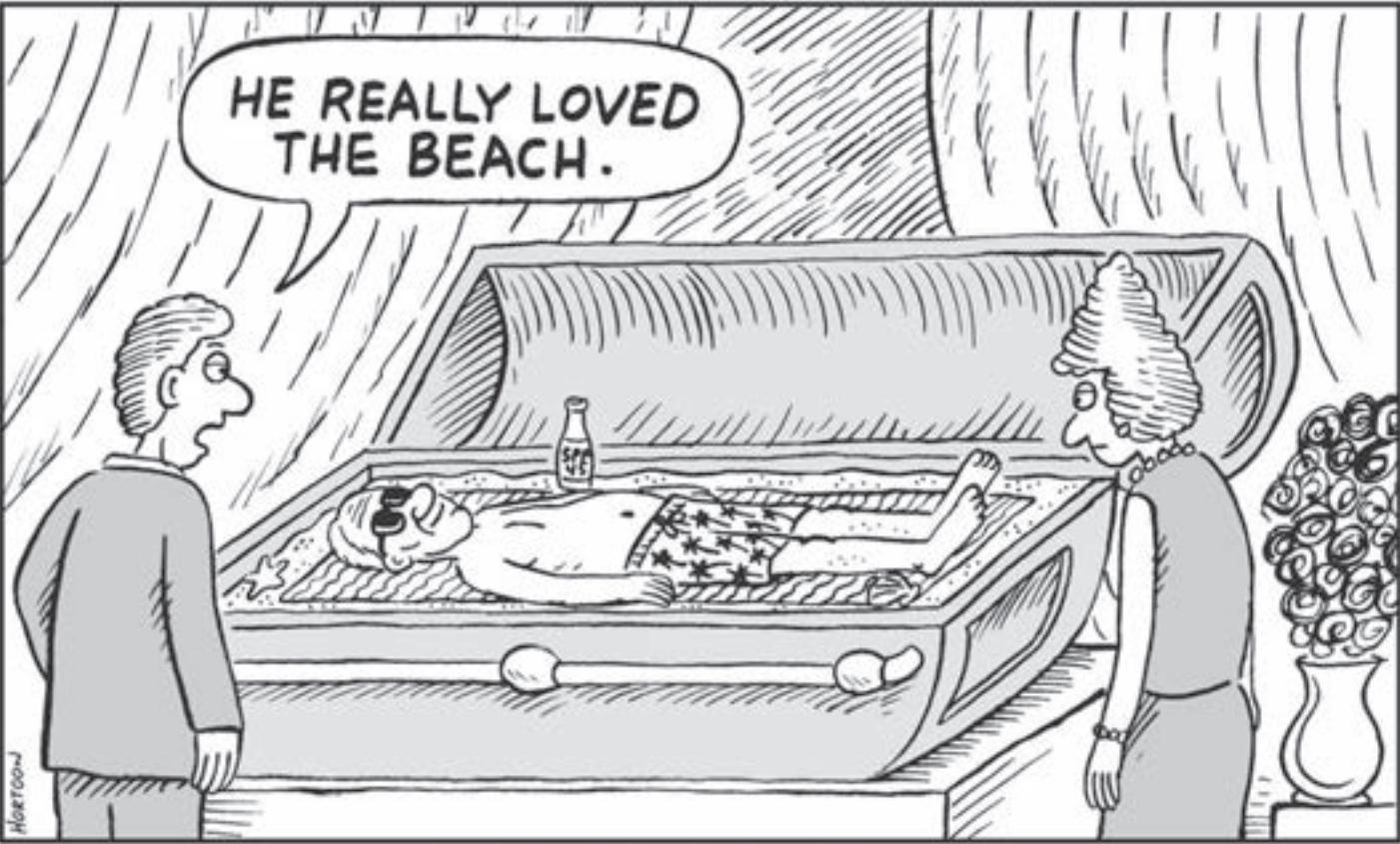
"A clear sky, shining sun and a slight, cool breeze from the north made for another successful outing at Tarpon Bay Explorers," said part owner and manager Wendy Schnapp. "We are looking forward to seeing the gang again next year!"✱

From page 2B Heart Walk

cycle." People who ignore these symptoms begin a countdown to death.

Campean is a testament to how far heart surgery and treatment have come, and he is grateful to live in a time and place where problems like his are not the end to life, but the promise for a great life ahead. He believes that the American Heart Association funding of research has helped him return to active participation in Sanibel organizations – like CHR, the San-Cap Kiwanis Club and FISH of SanCap – and to a life full of promise with his wife, children and grandchildren.✱

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The Ford Lawn on the Caloosahatchee set for movie night

Edison Ford To Host Exhibit And Film

Edison & Ford Estates invites the community to take a historical journey, following along the unique history of film from Thomas Edison's early film years to the making of the movie *Titanic*. Edison Ford's Chief Curator Mike Cosden, Capt. Lance Julian and Capt. Harry Julian of Pure Florida and filmmaker Jim Scoular will present an all-inclusive look into the evolution of film and its impact on the industry. The special feature will be encompassed in two events at Edison Ford, including a *Titanic* Film Exhibit and Filmmaker Discussion on Sunday, October 25 from 4 to 6 p.m. and movie screening of *Titanic* on the Ford Lawn and

Filmmakers Discussion: An Insider's Look, on Friday, November 6 at 6 p.m. Edison Ford Museum's *Titanic* Film Exhibit and Filmmakers Discussion will feature dialogue on the behind-the-scenes filming of the movie *Titanic*. During the event, Cosden will discuss the history of Edison and his creation of more than 1,000 films through Edison Studios, his inventions and his place in history during the early 20th century. The Edison Ford Museum has a fascinating and extensive collection of Edison's early film equipment and an exhibit of prized artifacts from the film, including production blueprints, photographs of the movie making and a three-foot model of the *Titanic* will be on display in the Edison Ford Museum. Capt. Harry Julian will discuss the history of the great ships, including the *Titanic*, as well as the advances in nautical safety that arose after the *Titanic* disaster. Scoular will discuss some of the



Edison Ford Chief Curator Mike Cosden



Pure Florida's Capt. Lance Julian



Image of the 90 percent scale movie set built for *Titanic*
film photo provided by Marine Coordinator, Capt. Lance Julian

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film techniques used and provide insight into how this fascinating industry has evolved over the years. Capt. Lance Julian, *Titanic*'s Marine Coordinator, will finish the special night with an insider's take on the filming of the movie. Guests can enjoy light appetizers and a cash bar while learning more about the film-making process. Edison Ford members will receive free admission to the event on Sunday, October 25, and general public admission is \$12. Each year, Edison Ford hosts a novel film-watching experience for the Southwest Florida community that features a unique "historical and insider's approach." The upcoming showing was inspired by the 1912 sinking of the *Titanic*, portrayed in the film, which took place in Edison's era. Shortly before the sinking of the famous *Titanic*, Edison traveled to Europe with his family aboard another great ship – the *Mauretania* – in 1911. The event was inspired by the partnership between Edison Ford and Pure Florida, and Pure Florida's river cruises on the *M/V Edison Explorer*. As the directors of the marine aspects of this film, Capt. Harry Julian and Capt. Lance Julian can provide an insightful perspective of their first-hand experience to the filming of the *Titanic*, the 90 percent scale replica ship that was built for filming in a giant tank on the coast of Mexico, as well as the hazardous filming in the frigid

waters off Nova Scotia. The movie screening of *Titanic* on the Ford Lawn and Filmmakers Discussion: An Insider's Look, will feature a wonderful night of movie watching, film discussion and delicious food. The community is invited to join Edison Ford and the filmmakers on the Ford Lawn to watch the award-winning *Titanic* on the big screen. With the Caloosahatchee and historical views as a backdrop, guests will enjoy a magical evening at Edison Ford. Guests are encouraged to come early and enjoy barbecue, veggie sandwiches, soft drinks, beer and wine, take a tour of the site, get a good seat and watch the sunset. Chairs will be provided on the lawn, and the public is invited to bring their own chairs as well. The film showing will occur after sunset and includes filmmakers comments. Admission to the November 6 movie screening will be \$5 for Edison Ford members and \$20 for the general public. Dinner and beverages will be provided at an additional cost. Registration is recommended and can be made by contacting Leanne Criswell, program registrar at Edison & Ford Winter Estates, by emailing lcriswell@edisonford-winterestates.org or by calling 334-7419. This film is not suggested for children. For more information about the upcoming events or Edison & Ford Winter Estates, visit [www. EdisonFordWinterEstates.org](http://www.EdisonFordWinterEstates.org).

Is The Booming Internet Fantasy Sports A Form Of Gambling Or Games Of Skill?



by Ed Frank

It's that time of the year where there is a crescendo in professional sports with football, baseball, hockey and – in a few days – basketball, all in action and all entwined to grab your attention.

And unless you've been living on another planet, you've been inundated with countless television ads seeking your participation – and your dollars – in online fantasy sports sites FanDuel and DraftKings.

Fantasy sports have captured the interest, imagination and participation for millions of sports enthusiasts for decades, but never to the level that has been created by these two Internet

firms.

And lawmakers have quickly launched probes into this unregulated world of daily fantasy sports.

Just in case you don't understand fantasy sports, in its simplest terms, you select lineups of athletes to create your own team to compete against other fantasy teams.

Internet fantasy sites have flourished under an exemption to a 2006 Federal Internet gambling law that classified it as a game of skill rather than outright gambling. But is it?

DraftKings and FanDuel attract huge numbers of participants with what many say are misleading ads waving banners of success stories about instant millionaires.

One reported study showed, however, that less than two percent of the players won more than 91 percent of the payoffs.

We can debate whether these Internet fantasy sites are gambling or games of skill until the next century without a conclusion. But we all know that gambling is a way of life and will never be stopped, regardless if they are legal or illegal.

Is church bingo gambling? Are lotteries gambling? And what about that \$5 bet you made on the golf course? Get the point?

More to the issue, however, we must be assured that DraftKings, FanDuel and other Internet fantasy sites are being run honestly.

They came into question recently when it was disclosed that an analyst for DraftKings had published an article revealing a pregame listing of National Football League players with their ownership percentages – the players selected the most on fantasy teams.

The next week, that analyst won \$350,000 on FanDuel, the competing site.

That's when the lawmakers started screaming for hearings and investigations. The two big sites immediately banned employees from participating in these paid games.

Nevada, the gambling mecca of the country, recently decreed that these sites involve "wagering on the collective performance of players participating in sporting events" and must apply for state licenses through the Nevada Gaming Commission.

Critics contend the Nevada ruling was to protect the lucrative sports books in the casinos.

The serious, studious players who spend their dollars through these Internet sites will tell you they are involved in games of skill. And maybe they are, although there still is an element of gambling.

This is an issue that's not going to go away. And it's an issue we will likely hear plenty about in the weeks and months ahead.

What are your thoughts?✧

Island Paws Hosts Howl-O-Ween Bash October 30

The Gulf Coast Humane Society (GCHS) will be joining Island Paws and the Over Easy Café for the Island Paws annual Howl-o-ween Bash on Friday, October 30 from 5 to 7 p.m.

For a \$10 donation you and your dog(s) can mingle and sniff among friends while consuming puptails, yappetizers and participate as well as enjoy the costume contest. Judging for the costume contest will take place at approximately 6:30 p.m. There will be raffles, goody bags, and prizes available during the event. All proceeds from the event will benefit GCHS.

The event location is 630 Tarpon Bay Road on Sanibel Island. For more information, call Island Paws at 395-1464.

Gulf Coast Humane Society is located at 2010 Arcadia Street in Fort Myers. For more information, visit www.gulfcoasthumaneociety.org.✧

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Will Power

Is My Northern Will Valid In Florida?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

“Lenny” was sitting across from me in my conference room. He handed me his New York will. “My New York attorney is licensed in Florida and said that this will is just fine,” Lenny said, “but I thought I’d come here to make sure.”

“Well, it is a New York will,” I replied, “and since it appears to be validly executed in accordance with New York law, it is valid even here in Florida. But just because it is valid doesn’t mean that you shouldn’t update your will to Florida law.”

“You just told me it is valid, but I should still update to Florida law?” Lenny asked. “That doesn’t make any sense to me. Why update something that’s okay?”

“Just because it’s valid doesn’t necessarily mean that it’s appropriate. All I told you is that Florida would accept it as your will,” I began. “Every state’s laws are different. To admit this will into a Florida probate court would require that the witnesses be authenticated, since it isn’t signed in accordance with our statutes.”

“What does that mean?” Lenny questioned, his eyebrows raised.

“In order to admit a will into probate, it must either be signed in accordance with Florida’s self proof laws. Those laws mandate a certain procedure be followed along with certain acknowledgments in the notary block that are different than New York’s. So to admit this as your will would require some extra steps that is likely to cost your estate more money in attorney’s fees.” I explained.

“You lawyers think of every which way to make more fees!” Lenny protested.

“Then this will doesn’t take into account our special homestead descent and devise provisions,” I continued.

“Descent and what?” Lenny asked.

“There are specific rules dictating to whom you must leave your primary residence to and in what way. If you don’t follow those rules, then Florida law dictates who inherits your home no matter what your will says. This issue comes up most frequently in second marriages with blended families, like yours,” I pointed out.

Lenny breathed a deep sigh. “Sounds like it can be easily corrected.”

“Yes, but you would want to put some thought into it. I haven’t mentioned all of your other legal documents, either.”

“Like what?”

“Your durable power of attorney, health care surrogate and living will should probably also be reviewed. Again, New York’s laws are different than Florida’s.”

“What might be wrong with those documents counselor?”

“New York law is different than Florida’s is as to all of those documents,” I explained. “Our durable power of attorney statute requires certain powers to be initialed in order for them to be effective. The Florida health care surrogate law also recently changed. So who makes health care decisions for you and what authority they have is different in a Florida document than it might be in a New York document. The same issues apply to your living will.”

“Is that a living trust?”

“No, a living will is the document that Terri Schiavo should have had. You may remember her. She was in a coma for many years. Her parents and husband fought in court over whether her food and water tubes should be removed. The Florida living will document allows you to indicate what life prolonging procedures you wish to have or wish to discontinue if you were in a situation similar to Terri Schiavo.”

“So what’s a living trust?”

“The living trust is a document that you may want to consider. It is like a will, except you put all of your assets into the trust during your life. You control all of the assets just as you do now. You can spend every last dime if you wish. At your death, the trust says who inherits what.”

“So why would I need that? I have a will!”

“A few reasons. A trust is private, while a will is a public document once you die. Anyone can go down to the courthouse to look at your last will. But your trust is only available to your beneficiaries and, in some cases, creditors. Further, the trust shines if you become disabled and need someone to manage your affairs for you. The person you name as successor trustee steps in and takes care of things.”

“Sounds like I have a lot to consider.” Lenny acknowledged.

Just because your estate planning documents from up north are still valid doesn’t mean that they are appropriate once you’ve become a resident of Florida. I’m conducting a free workshop on these topics at The Community House on Wednesday, November 4 at 2 p.m. if you would like to learn more.

©2015 Craig R. Hersch. Learn more at www.sbslaw.com.✧

Realtors Elect New Officers And Directors

The Sanibel & Captive Islands Association of Realtors, Inc. held its Annual Meeting and 2015 Election of Officers and Directors on October 15.

The 2016 Board of Directors will be installed at The Dunes Golf & Tennis Club on Saturday, January 9.

Officers:

President: Lori Pierot, VIP Realty Group; President-elect, Joel Goodman, VIP Realty Group; Secretary, Martha Smith, VIP Realty Group; Treasurer, Dustyn Corace, Re/Max of the Islands; Past President, Eric Pfeifer, Pfeifer Realty Group.

Directors:

Three-Year Director: Kasey Albright, John Naumann & Associates; Three-Year Director, George Kohlbrenner, John Naumann & Associates; Two-Year Director, Deborah Smith, VIP Realty Group; One-Year Director, Toby Tolp, John Naumann & Associates.✧

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Sanibel Running Divas Sweep 10K Race 4 FISH



From left, Dr. Toniann Conte (1st Grand Masters Female), Dr. Linda Stevens (1st Masters Female) and Lavonne Larson (1st Senior Grand Masters) following last Saturday's 10K Race 4 FISH

From page 1B

Pink Out Party

• Annual mammogram beginning at age 40, unless clinically indicated sooner. To make an appointment for a mammogram during Pink Out Sanibel & Captiva, call Mary Bondurant at 839-3633. For additional information, visit www.pinkoutsanibel.com or Pink Out Sanibel's Facebook page.✱

From page 5B

Rotary Happenings

value of changes to Planning Department codes, ordinances and regulations particularly to pre-existing non-conforming properties on island. Exploration of this topic was thoroughly addressed and pre-existing non-conforming property owners now feel comfortable investing in the updating of their properties particularly in resort and short-term rental unit areas.

As an example the Sundial Resort and Spa is looking amazing and certainly regulation waivers were needed from the city on building codes for this pre-existing non-conforming property. Small non-conforming properties such as Huxter's Market and Deli are also receiving waivers for construction improvements. This is a win/win change – property footprints are not changed, just overall

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updated improvements to buildings are being made. The improvements of our island businesses are good investments for everyone; our visitors are an important part of the economy of our island. Travelers have a wide variety of places to visit, but although they travel here for our natural and beautiful environment, they also want to have a remarkable vacation in updated vacation properties and enjoyable restaurant experiences.

Things do change in time, these are good changes, and Jim Jordan and his staff are doing an incredible job. Yes, I know they may be considered a pain sometimes but... no pain, no gain as they say.

The Sanibel-Captiva Rotary meets at 7 a.m. on Friday mornings at The Community House, 2173 Periwinkle Way. Guests are always welcomed.✱

From page 5B

Community Solar Power Initiative

consists of Dr. Joseph H. Simmons, Backe Chair in Renewable Energy at Florida Gulf Coast University (FGCU); Richard Johnson, Bailey's General Store; and Mark Anderson, Benchmark General Contractors.✱

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CONGRATULATIONS



Blake Donnelly
Congratulations to Blake Donnelly for shooting a 77 at Palmetto Pines Country Club and taking 1st place in the District. Blake is the oldest son of Drew and Mary Donnelly, co-owners of Sanibel Island Golf Club. He is the first freshman in Ida Baker High School's history to win the title.✱

Healthy Lee Million Mile Movement

Join the Healthy Lee Million Mile Movement, whose goal is to get Lee County more active by moving 1,000,000 miles in 90 days. Take a step toward healthier living by joining the free community-wide challenge and register at <http://healthylee.com/million-mile-movement/>. You can register as an individual, join the City of Sanibel team or create your own team. Sign up is open anytime now through December 2.
The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✱

SPORTS QUIZ

- 1. When was the last time before 2014 (Los Angeles Angels) that a team with the best record in baseball did not win a game in the postseason?
- 2. In 2014, Kolten Wong hit the fourth postseason walk-off homer in St. Louis Cardinals history. Name two of the first three to do it.
- 3. How many seasons did Hall of Fame punter Ray Guy lead the NFL in punting?
- 4. When was the last time before 2013 that Wichita State's men's basketball team reached the Final Four?
- 5. Name the last time before 2015 that the Anaheim Mighty Ducks reached the conference finals of the NHL's Stanley Cup playoffs.
- 6. At which Olympics did men's ice hockey make its debut?
- 7. Who was the first golfer to make three eagles in one round at the Masters?

ANSWERS

1. In 1980, it happened to the New York Yankees. 2. Ozzie Smith (1985), Jim Edmonds (2004) and David Freese (2011). 3. Three times -- 1974, '75 and '77. 4. It was 1965. 5. It was 2007, when they won the Stanley Cup. 6. It was 1920, at the Summer Olympics. Men's hockey became part of the Winter Olympics in 1924. 7. Dustin Johnson, in 2015.

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SANIBEL 8-BALL POOL LEAGUE 2015-16
Standings through October 19

Standing	Team Name	Won	Lost
First	Sanibel Café	26	14
Second	Bunt's Ball Busters	19	21
Third	Sandycappers	18	22
Fourth	Fresh Legion Crew	17	23

October 19 Results

Sanibel Café	12	Sandycappers	8
Fresh Legion Crew	11	Bunt's Ball Busters	9

Sanibel 8-Ball Pool League
Sanibel Café Claims Top Spot

In a unanimous decision, all Sanibel 8-Ball Pool League players agreed that Sanibel Café Captain Rich McCurry must have offered more than free onions to stimulate his players to unsurpassed pool-playing heights. Perhaps he pledged one of his famous pot roast dinners or a sumptuous breakfast. Whatever the incentives, they worked. His shooters buried Sandycappers, 12-8, while vaulting into first place by seven games.
Jimbo Gaubatz and Randy Carson posted three wins each for the victors. Rich McCurry, Pete Mindel and Graham Sell helped out with two wins apiece. Sandycappers produced two wins apiece

by Jack Dalton, Kevin Pottorf and Gary Murza. Murza won the last game of the evening with a miraculous shot on the eight ball in the corner pocket from ball-in-hand.
Fresh Legion Crew showed Bunt's Ball Busters that last place teams don't always roll over and play dead. The Crew dispatched the Ball Busters, 11-9, with Becky Skog and Gator Gates posting 3-1 victories over Ken Rasi and Kip Johnson. Doc Lubinski had the shot of the night for the winners. He kicked the 12-ball in on a cross bank and then buried a long 80 degree cut on the 8-ball. Bob Buntrock edged George Sell, 3-1, but fell short in his attempt to secure a tie with the Legion Crew.
The big match on Monday is Sanibel Café vs Bunt's Ball Busters. Stop by Legion Post 123 to watch the action starting at 5 p.m.✱

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October is FIRE PREVENTION Month

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- When a smoke alarm sounds, get outside and stay outside.
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Harlem Globetrotters World Tour Coming To Fort Myers March 1

Celebrating 90 years of providing smiles, sportsmanship and service to millions of people worldwide, the world famous Harlem Globetrotters will bring their unrivaled family show to Germain Arena in Fort Myers on Tuesday, March 1 at 7 p.m., during their 90th Anniversary World Tour.

Known worldwide as the Ambassadors of Goodwill, the Globetrotters are giving back even more during their 90th year with The Great Assist program. Stars of the team will leave a mark in communities across North America with acts of goodwill during the tour that is set to play over 330 games in 260 cities.

Fans are encouraged to visit GreatAssist.com to nominate a worthwhile cause or a deserving family in need of a smile, and the Globetrotters will help as many fans as possible throughout the tour. In addition to fan requests, the team is planning to bring its bullying prevention program to over 400 schools and community centers, talk to youth about character education and physical fitness, visit children's hospitals and lend a hand to those in need.

On the court, the Globetrotters' 90-year celebration will feature some of the greatest athletes and entertainers on the planet. With a star-studded roster featuring Big Easy Lofton, Ant Atkinson, Hi-Lite Bruton, Thunder Law, Bull Bullard and Cheese Chisholm – plus female stars TNT Maddox and Sweet J Ekworomadu (rosters will vary in each city and are subject to change) – the Globetrotters' one-of-a-kind show is unrivaled in the world of family entertainment. Every game will showcase incredible ball handling wizardry, rim-rattling dunks, trick shots, hilarious comedy and unequaled fan interaction. After the game, Globetrotter stars will sign autographs and take photos with fans (subject to availability).

Tickets start at \$20 and are now available at harlemglobetrotters.com (as well as team merchandise), ticketmaster.com, the Germain Arena box office, or by phone at 1-800-745-3000. Information on group and scout tickets can also be found at harlemglobetrotters.com.

As part of the launch of The Great Assist, the Globetrotters performed before fans in Times Square in New York City on October 6 and named TV personality Robin Roberts as just the 10th Honorary Harlem Globetrotter in history. Roberts joins the likes of Henry Kissinger, Nelson Mandela and Pope Francis, who was honored at the Vatican this past May. The Honorary Harlem Globetrotter accolade recognizes an individual of extraordinary character and achievement who has made an everlasting mark on the world. Roberts has provided inspiration for millions, as she has publicly battled life-threatening health issues.✱

Eden Energy Medicine

Shift Liver Energy, Which Oversees 700 Tasks



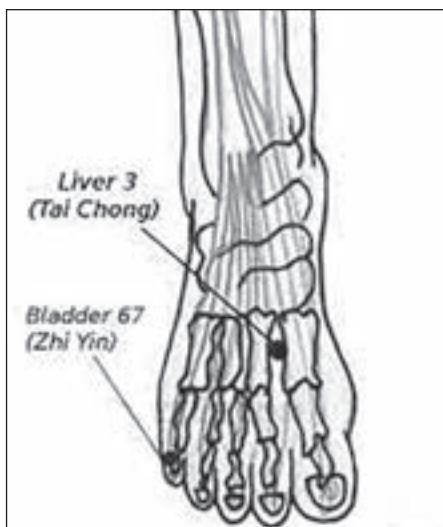
by Karen L. Semmelman,
Certified EEM,
JD, AAML (03-12)

Today, learn a special point – Liver Source Point 3 – which is like a physical, psychological and spiritual “spiral drill” that

breaks up blockages and congestion in the body to enable blood and energy to flow through the entire system unimpeded. Each organ has a source point, which acts like a reservoir of energy that can shift excessive or deficient balances in the meridian's energy with which the organ is associated. Remember, we have 14 meridians; each meridian is connected with an organ and on each meridian there are numerous acupressure points. Actually, there are 365 major acupoints in the body.

Over the next several weeks, you will learn to work with some of these points and thus influence vital energy flow through the body, assisting in eliminating pathogens.

So, you ask, what benefit is achieved by moving liver energy? Do you have



Liver Source Point 3

issues with blood, anger, annoyance, frustration, side pain, eyes, hiccups, constipation, PMS, brittle nails? Need more examples of the liver's job? Liver energy imbalances may manifest in tremors, muscle twitches, migrating pains, dizziness and headaches. Liver governs our nails, tendons and muscles. It is the primary organ energy associated with eye health and working with liver energy helps brighten the eyes and helps resolve physical and psychological issues associated with vision. Plus, since liver is considered under traditional Chinese medicine as The Commander of Blood, it is vital in nourishing, detoxifying and storing our

continued on page 23B

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Superior Interiors

Delightfully Dazzling Dining Rooms



by Linda Coin

Often times, I meet a client who thinks their dining room is the easiest of all rooms to furnish. Once they've made the decision on their table and chairs, they tend to think that's all

there is to it. Not so! While that may be one of the biggest decisions to be made, it's far from all.

I submit that you still need to consider providing for the comfort of guests as well as the convenience of the hostess. I find that there are often problems unique to this room that often make it a design challenge. With that in mind, it does take some considerable planning to create and design a dining room that will take center stage in your home.

Chairs alone are a far from simple choice. Massive ones take up too much space, so it's important to search for well designed chairs that are comfortable as well. Don't worry about having enough dining room chair shapes and sizes to pick from – there are so many it's bewildering... unless, of course, you have professional help.

Tables, too, come in all shapes and

sizes. The size should fit both the room and your family and ideally be designed for easy expansion.

Expandable tables, with drop leaves, built-in extensions and inserts/leaves are all practical. Today's table design options can convert from a small cozy table to one that can be instantly enlarged when company is expected.

The lighting above your table should be carefully selected to assure the right wattage and the best light direction for the diners. The height of the chandelier is another important decision.

It's also more convenient to have silverware, linens and serving pieces stored right in the room. A sideboard or chest will help to give you the storage you need and can also handle the food for a sit-down buffet. If you opt for this additional furniture piece, consider its top. It's best for these pieces to be covered in a moisture and stain-resistant material such as marble or tile. Other storage options to consider are cabinets or armoires. A very attractive unit might also become the room's focal point – an extra added design benefit.

You'll find it helpful to think through the many uses of your dining room. Because our modes of entertaining are many and ever changing. Ultimately, this means that your dining room design plan should be one that features flexibility. Whether you're hosting a Sunday brunch for six or a formal dinner for 20, versatility and comfort should guide you toward the best furniture and design plan.

Linda Coin is an Interior Designer for Sanibel/Captiva Islands and can be reached at linda@coindeciden.com.✽

Surge Protection



by Bryan Hayes

Although the rainy season is behind us... we hope. We still have some storms rolling in and the threat of tropical weather for another month or two. It's still a good time to talk about

surge protection. The attached picture is of a surge protection device that did its job. You may or may not be surprised by this, but the number one cause of downtime for your central cooling system is not refrigerant related. The most common cause is actually electrical with the average home experiencing over 300 surges per year.

For those of us who live on Sanibel, we know that it's a constant battle for our power company to keep the grid in good working order. Many major home appliances, including our air conditioners, rely more on solid state electronics to operate than ever before. While the luxury of it all might be very convenient, it still comes with a price. These controls are also more susceptible to power fluctuations than ever before. So to reference the title, the way to protect your expensive investment is to use surge protection.

Surge protection can be achieved through many different ways. You can buy those little surge protection strips for your pluggable appliances at most stores, they will do a marginal job. However, for the



A burned out surge protector

larger stuff such as your air conditioner, you would want an electrician install an inline surge protection system. If you really like the idea, you can even take this one step further and have a surge protection system installed for your entire house. That will cover all the circuits in your home.

As you may already know, I like talking about saving money. Surge protection is an additional cost, of course, but spending some money now can definitely save you from spending significantly more later. Consider it as an investment and insurance all in one.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.✽

Bank Sponsors 'Ding' Darling Days

Bank of the Islands has become a Great Blue Heron Sponsor for the 2015 "Ding" Darling Days, the October 18 to 24 family-friendly celebration of our environment hosted by the JN "Ding" Darling National Wildlife Refuge and the Ding Darling Wildlife Society. Programs and activities are presented at the "Ding" Darling Visitor & Education Center and throughout the refuge property.

"We are happy to help make "Ding" Darling Days possible again this year," said Bank of the Islands Sanibel-Captiva office manager Willy Ocasio. "There are so many wonderful and free things to do every day for residents and visitors of all ages. Being a Blue Heron Sponsor this year is another great way to show how much we appreciate being your island bank."

To learn more about the "Ding" Darling Days schedule of events, visit www.dingdarlingsociety.org.✽



Bank of the Islands' Geoff and Robbie Roepstorff and Willy Ocasio with refuge representatives and the Blue Goose mascot

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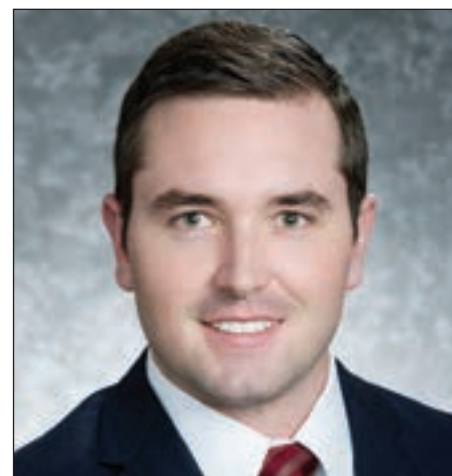
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Attorney Joins Local Firm

The law firm of Henderson, Franklin, Starnes & Holt, PA announced that attorney Austin Turner has joined the firm as an associate in the Land Use & Environmental Law division.

Turner served as a summer associate with Henderson Franklin in 2014. While in law school, he worked as a law clerk at a large land use and environmental law firm located in Tallahassee, Florida. Turner also spent time during law school at the Florida Department of Environmental Protection working pro bono at the Defense Section of the Office of General Counsel.✽



Austin Turner



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SUNDAY, OCTOBER 25th • 9AM - NOON

Tigua Cay - 489 East Gulf Drive

Direct Gulf Front Luxury Condo. 3 bedroom + loft
+ pvt elevator + 2-car garage. \$2,295,000

Sanibel Arms B1 - 805 East Gulf Drive

Rare 1BR/1BA corner unit with glassed-in lanai, On-Site office, Great Rental \$369,000

887 Casa Ybel Road

Great Investment - Duplex - A: 3BR/2BA + Den - B: 1BR/1BA
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Sedgemoor of Sanibel 102 - 2549 West Gulf Drive

Exceptional Offering, 3BR/3.5BA, direct Gulf, luxury living, Chef's kitchen, screen verandah overlooking Gulf. Custom flooring, 9' ceilings, enclosed parking w/ 2 spaces.

Somerset B201 - 3215 West Gulf Drive

Gulf front 3BR (or den), 2.5BA, renovated w/ upscale finishings. Small complex, large pool, tennis, under bldg parking, park-like grounds. \$1,950,000

1PM - 4PM

Tigua Cay - 489 East Gulf Drive

Direct Gulf Front Luxury Condo. 3 bedroom + loft
+ pvt elevator + 2-car garage. \$2,295,000

Sanibel Seaview C3 - 737 East Gulf Dr

3 Bedrooms, 2 Baths PLUS Cabana with Bed & Bath,
Loft, Fireplace, Gulf Views! \$1,895,000

Sanibel Arms West J4 - 827 East Gulf Drive

Super Rental - On-Site Office - Updated 2BR/2BA
Ground Floor Corner Unit - Gulf Side \$459,000

Compass Point 151 - 1299 Middle Gulf Drive

Gulf Front 3BR/2BA with Attached Cabana! \$1,245,000

1317 Eagle Run Drive - Beachview

Beautiful, spacious home - 4 bedrooms, 3 1/2 baths
over 3,700 living, pool, 3-car garage. \$1,349,000

9445 Beverly Lane - Gumbo Limbo

Lake views, remodeled kitchen, 2,800 sq ft. \$699,000

Somerset B201 - 3215 West Gulf Drive

Gulf front 3BR (or den), 2.5BA, renovated w/ upscale finishings. Small complex, large pool, tennis, under bldg parking, park-like grounds. \$1,950,000

1004 Fish Crow Road

Custom Built 4BR/3BA w/ resort-style pool & spa. Waterfront vistas.
Cul-de-sac privacy & deeded beach access. \$899,000

1380 Jamaica Drive

Very near beach, 3BR/2BA with large yard. Room for a pool. \$599,900



MONDAY, OCTOBER 26th • 9AM - NOON

Sanibel Seaview C3 - 737 East Gulf Dr

3 Bedrooms, 2 Baths PLUS Cabana with Bed & Bath,
Loft, Fireplace, Gulf Views! \$1,895,000

Sanibel Arms B1 - 805 East Gulf Drive

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746 Cardium Street

Cute Duplex of 2BR/1BA Units - Close to beach - Good Rental \$649,000

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1PM - 4PM

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Compass Point 151 - 1299 Middle Gulf Drive

Gulf Front 3BR/2BA with Attached Cabana! \$1,245,000

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Fully Remodeled - Excellent Income \$689,000

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Somerset B201 - 3215 West Gulf Drive

Gulf front 3BR (or den), 2.5BA, renovated w/ upscale finishings. Small complex, large pool, tennis, under bldg parking, park-like grounds. \$1,950,000

1004 Fish Crow Road

Custom Built 4BR/3BA w/ resort-style pool & spa. Waterfront vistas.
Cul-de-sac privacy & deeded beach access. \$899,000



Sweet Corn and Jack Cheese Quesadilla

2 ears fresh sweet corn, kernels cut off the cob
1 cup cooked black beans, drained and rinsed
1 cup bell peppers (assorted colors), diced small
8 soft corn tortillas (6 inch)
2 cups jack cheese, shredded
¼ cup fresh cilantro, chopped
1 teaspoon cumin
Sea salt and fresh ground pepper to taste
Vegetable oil for cooking

Preheat a medium-sized sauté pan over medium heat. Add 1 teaspoon of vegetable oil to the preheated pan. Add the corn kernels and diced peppers to the pan, and lightly season to taste with salt and pepper.

Cook the corn mixture until the peppers and corn start to get slightly golden brown. Add the black beans and cumin to the corn mixture, stir ingredients to combine, and remove from heat.

Place the corn mixture into a bowl. Let cool to room temperature or in a refrigerator until next step.

To assemble quesadilla, lay out four tortillas on a flat, clean surface. Evenly distribute ¼ cup of the shredded cheese on each tortilla.

Next, evenly distribute the corn mixture on top of the cheese, and add even amounts of the fresh cilantro. Add the last ¼ cup of cheese on top of the cilantro, and top each one with a tortilla. Lightly press each stuffed tortilla to make it flat.

Preheat a medium-sized sauté pan over medium heat. Add 1 teaspoon of vegetable oil to the preheated pan. Cook each quesadilla for 2 to 4 minutes on each side or until golden brown and the cheese has melted. Remove the cooked quesadilla from the pan and repeat cooking process.

Hold cooked quesadillas in a 300-degree oven until all are cooked. Slice the quesadillas like a pie and serve warm with fresh salsa and guacamole.✱



Florida Sweet Corn and Jack Cheese Quesadilla

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School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My high school daughter has an intellectual developmental disability. She is in special classes, works very hard at school and loves it. Her school

will be having a Sadie Hawkins Party in late November and she desperately wants to participate. She has a few friends in her special education class who also want to attend. I want her to go and have a good time, but I know that I need to prepare her for this type of social event. What kinds of things should I do to help her learn how to feel more comfortable at this party?

Katie V., Port Charlotte, Florida

Katie,

Your daughter has clearly demonstrated here that she is more similar to her teen peers than different with her desire to attend this social event. All teens (and all people) have the need to belong, connect and grow. Attending high school events are part of the rites of passage that transition teens to adulthood. As adults, we want our children to progress into their social lives with a minimum of angst. While high school events and parties are frequently mythologized by the media with ideas of romance and popu-

larity however these events can also turn out to be emotionally painful and socially paralyzing. Giving your daughter the skills she will need to negotiate her social life is so very important for her success.

I would like to suggest that you form a group with the parents of your daughter's classmates who also want to attend this party and work together to help them learn how to socialize appropriately. Role-playing is a great way to learn the social skills one would need for a party. You may also want to enlist their teacher for advice or suggestions on the most important skills to address.

You will want to cover topics such as how to say hello, make eye contact, and participate in a back and forth conversation. These of course are skills that the children have worked on throughout their schooling but you may need to demonstrate how they should be applied in a social setting. New skills might include learning how to ask someone to – or accept an invitation to dance, learning how to touch someone appropriately when dancing, and saying thank you when the dance is over. These are not unique behaviors but you will have to help your daughter generalize them to the party setting. If the party is not being held in a familiar setting I would suggest that you visit the venue ahead of time so she can feel comfortable there.

Of course, the right clothing for high school events is paramount. Perhaps you could organize a shopping trip with a couple of other students who could help out with clothing choices. The school counselor might be able to suggest some

fashion mavens who would enjoy going shopping and helping out.
You maybe pushing your daughter a bit outside her comfort zone so go slowly, and be consistent in practicing these skills. With good preparation I think both of you will be very pleased when the party is over.
Shelley Gregg is adjunct faculty at Florida SouthWestern State College,

where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Island Pizza Thanked For Free Lunch Fridays



Last week, members of the Sanibel-Captiva Optimist Club presented a \$2,000 check to Island Pizza in support of the Free Lunch Friday program at the Sanibel Recreation Center. For 11 weeks this summer, Island Pizza provided 25 to 30 pizzas for summer day camp participants. Pictured at the check presentation are, from left, Optimist Club members Stan Howard and Randy Carson along with Island Pizza's Arturo Mendez, Mohira Usmanova and Darien Arnum. photo by Jeff Lysick

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

Premier Sotheby's International Realty announced that Brooke Brownyard was their top producing associate while Stephanie Bissett was their top listing associate for the month of September.✱



Brooke Brownyard



Stephanie Bissett

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From page 4B

Tattoo Pledge

Thanksgiving there one year, when the parking lot was entirely flooded."
A short time ago, Williamson began thinking about making her memories of Sanibel a permanent proclamation with a tattoo. Her first tattoo, not so surprisingly, was a small shell and the word "Sanibel" – written in her own handwriting – on the back of her neck.

However, she wanted something a little less subtle on a more noticeable area of her body: her entire left arm.

"My initial idea was just to have the Sanibel Lighthouse tattooed on my arm," said Williamson. "But then I wanted to incorporate other images – the keeper's cottage, periwinkles, shells and dolphins."

Back in Illinois, Williamson brought her idea to tattoo artist Mikey Baker. She gave him some of her favorite photos taken on Sanibel, along with a tray of shells. Baker designed a few templates and, after several consultations making minor adjustments, Williamson moved forward with the tattooing.

Six months later, the work was done. "I think it's very unique," she said with a smile. "I can't believe some of the positive comments I've heard about it, especially back home up north."

One famous admirer of her full-sleeve tattoo, Willie G. Davidson – chief styling officer for Harley-Davidson Motorcycles – met Stephanie and Mark during a visit to the Harley-Davidson Museum in Milwaukee, Wisconsin this past summer.



Closeup of periwinkle flowers

"He told me, 'That's one helluva artwork!'" noted Williamson. "I've been a fan of his for a long time, so hearing that from him was just great."

Of course, Williamson stated that she might consider adding more elements to the ever-growing sleeve.

"I'd probably add a few more shells," she said. "I like walking the beaches here... but I've never found a junonia. I'm very happy finding augers and olives!"✱



SCCF Executive Director Erick Lindblad with the people helping to make this year's Wines in the Wild possible, Tom and Linda Uhler, and Geoff and Robbie Roepstorff. Pictured, front from left, Linda Uhler with Geoff Roepstorff; second row from left, Erick Lindblad with Tom Uhler and Robbie Roepstorff.

SCCF Wines In The Wild

The Sanibel-Captiva Conservation Foundation will be hosting the 8th Wines in the Wild on Saturday, November 14 from 6 to 8 p.m. This year's theme is Sustainable Safari: A Tasting of Environmentally Sound Wines

from Around the World. Every year, wine connoisseur Tom Uhler handpicks unique wines that support a fun theme and entice the palate. Held under the stars at SCCF's Nature Center, Wines in the Wild is truly a delight for the senses. An assortment of canapés and a selection of three red and three white wines will be available for imbibing, with both live and silent auctions. "People tell us that this is their 'wel-

come back,' and consider it one of the most fun events on the island," said Uhler. "Wines in the Wild always offers the unique experience of reconnecting with old friends and meeting new ones, while supporting a great cause – all with the perfect glass of wine in hand." Bank of the Islands has graciously returned as the presenting sponsor for the 2015 Wines in the Wild. Reservations are being taken now and can be made by calling SCCF at 472-2329. Cost is \$75 per person in advance; \$85 at the door. Wines in the Wild will be held at the SCCF Nature Center, 3333 Sanibel-Captiva Road on Sanibel. SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed through environmental education, land acquisition, landscaping for wildlife, marine research, natural resource policy, sea turtle conservation and wildlife habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible.✪

Lee Memorial Adds New Board Members, Officers

The new members of the boards of directors and officers of the auxiliaries of Lee Memorial Health System were installed recently at a luncheon held at Edison Restaurant.

Many auxiliary members were on hand as well as members of the Lee Memorial Health System board of directors and System senior leadership. In addition to honoring retiring board members, the auxiliary members learned first-hand of the benefits of their efforts on behalf of the health system. The three LMHS auxiliaries – Cape Coral Hospital Auxiliary, Gulf Coast Medical Center Auxiliary and Lee Memorial Auxiliary – together have donated over \$1.5 million for scholarships, projects, programs and technology to benefit our patients, their families and the Southwest Florida Community during the 2014-15 business year. Elected to serve the auxiliaries for the coming year are:

Cape Coral Hospital
Jim Eberz, President
Carol Anderson, President Elect
Lynne Benson, Vice President – Membership
Jocelyne Pickel, Vice President – Fundraising
Arlene Tompkins, Recording Secretary
Jack Hess, Treasurer
Carl Greenman, Recorder

Gulf Coast Medical Center
Denise Kerton, President
Belinda Honnen, 1st Vice President
Louise McDonald, M.D., 2nd Vice President
Mary Callaway, Treasurer
Robert (Chip) Dykstra, Secretary

Lee Memorial Auxiliary
Phil Fortin, President
Jim Andrews, President Elect

continued on page 22B



Sources:
Florida Bicycle Association
www.floridabicycle.org

Safety Office
Florida Department of Transportation
www.dot.state.fl.us/safety

Sponsored By:
The Sanibel Bicycle Club,
The Bike Bistro and
BikeWalkLee

CYCLIST'S RIGHTS (AND LEFTS)



Recent events have signaled a need for more awareness of bicyclist rights and rules while riding in Lee County, and on Sanibel in particular. By reiterating and educating riders and motorists alike, we hope to make cycling a safer pastime for all involved.

All cyclists must ride on the multi-use path:

☐ TRUE ☒ FALSE

Safety first:
A cyclist's choice of whether to ride on Sanibel's shared use path or on the road is primarily about safety. It's a **SHARED USE PATH**, meaning that it is used by more than just bikes. Bicycles share the Path with pedestrians, roller bladers, parents with strollers, people walking for exercise, and pets on leashes. The Path is used by all types of bikes and riders with different skill levels...from experienced to beginners, old and young, and families with small children. For the safety of path users, more "sporting" cyclists going at faster speeds often choose the road. Cyclists choosing to ride on the road must follow the same rules, signs and signals that control motor vehicles.
S.316.183--Unlawful Speed, 316.2065(5)(a)--Bicycle regulations
Road riding:
Sanibel roads don't have paved shoulders or bike lanes; therefore, the cyclist choosing to ride on the road will be in the travel lane. In Captiva, there are paved shoulders, so while many cyclists will prefer to ride on these shoulders (they are not marked or maintained as bike lanes so their use is not required), others will use the travel lane. On all roads, motorists are required by law to give a three foot clearance to cyclists when passing, and motorists may cross the yellow median line to comply with the "three foot law".
Section 21760 Three Feet for Safety Act



Craig Hersch



Michael Hill

Hersch And Hill Host Residency And Estate Planning Workshop

Attorneys Craig R. Hersch and Michael B. Hill, partners with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, P.A., will host a Residency and Estate Planning Workshop on Tuesday, November 3 at 2 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel.

Hersch and Hill will provide attendees with an overview of how estate law in Florida differs from other states and will describe the advantages of declaring residency and updating wills and trusts to Florida law. They encourage Florida residents to have their

sure for someone special," said Barbara Hilton, Shell Point resident and chairperson of the craft show.

More than 60 tables will be filled with an array of diverse crafts for sale on the first and second floors of the Woodlands Commons at Shell Point. Handmade items include intricate wood sculptures, hand painted bags and scarves, pottery, sweet treats, toys, Christmas novelties, books, paintings and three-dimensional paper crafts. After shopping, guests are invited to have a light snack or full lunch at the Promenade Café or Palm Grill, two of Shell Point's onsite public restaurants located in the Woodlands neighborhood.

Admission to the Holiday Bazaar is free, although crafts may be purchased by cash or check only. An onsite ATM is available. Call 454-2290 for more information.

Shell Point Retirement Community is located just before the Sanibel Causeway in Fort Myers.✪

Seasonal Gifts For Sale At Shell Point Holiday Bazaar

Find novelty gifts and great deals during the 10th annual Holiday Bazaar, to be held Friday and Saturday, November 6 and 7, from 10 a.m. to 3 p.m. each day. Admission to the event, held in the Woodlands Commons at Shell Point, is free.

This seasonal shopping bazaar, hosted by residents from the Shell Point Crafters Group, offers hand-designed gifts and stocking stuffers that are made or enhanced by Shell Point residents. "Shell Point residents put an incredible amount of effort, originality and care into the creation of quality products to be sold at our annual event. Spread some holiday cheer by purchasing these one-of-a-kind trea-

estate planning documents reviewed following recent law changes that could potentially impact estate plans.

In addition to the workshop, the attorneys will offer attendees the opportunity to arrive a half-hour early with a copy of their current estate planning documents in order to receive a confidential, complimentary review and written analysis following the presentation. All attendees will receive a complimentary *Florida Estate Guide* and DVD.

For more information or to register for the upcoming workshop, call 425-9379.✪

Florida Fracking Summit In Fort Myers

The Conservancy of Southwest Florida, Natural Resource Defense Council, Earthjustice, Center for Biological Diversity and Earthworks will present the 2015 Florida Fracking Summit to promote public awareness regarding extreme oil extraction in Florida. The Summit will be held on Tuesday and Wednesday, October 27 and 28 at the Holiday Inn Fort Myers Airport-Town Center. For more information to register, visit www.flfrackingsummit.org.

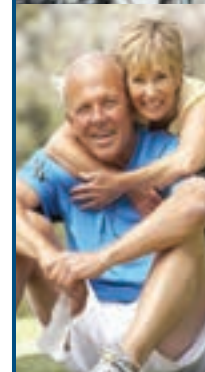
Expert speakers will address the potential effects of extreme extraction techniques on air, land, water and human health. The participants will also discuss current federal and state laws, local government actions around the nation, and the future of extreme extraction in Florida.

The oil and gas industry is now using extreme oil extraction techniques in Florida involving the injection of chemicals and large amounts of freshwater to fracture or dissolve oil bearing rock to increase production. These operations include hydraulic fracturing ("fracking") and acid stimulation. The "fracking" boom in other parts of the country has led to documented cases of environmental degradation and a growing concern for public health.

Improved extraction and refining technologies have led to a renewed interest in Florida oil. Oil companies are now seeking to explore for oil over thousands of acres of public and private lands, including portions of the Everglades. Currently, extreme extraction techniques are unstudied in Florida, virtually unregulated, and often used in complete secrecy.

With oil exploration proposed for over 170,000 acres of the Everglades, it is important to understand the process of hydraulic fracturing and acid stimulation, current federal and state regulations, and what we can do to safeguard our environment and public health from oil drilling.

For information about the Conservancy of Southwest Florida, call 262-0304 or visit www.conservancy.org.✪



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October 1 - December 29

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Be part of the Million Mile Movement!

WHO? Lee County residents of all ages and fitness levels can participate as an individual or as a group

WHAT? Any form of movement qualifies, walking, running, biking, swimming and even weight training

HOW? Register at www.HealthyLee.com and on Oct. 1, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am fed up with the telephone systems that businesses and most professional offices use. When I call, I want to speak to some one to purchase something or make an appointment. Almost without fail, I get the runaround and finally have to leave a message on their voice mail.

Yesterday, I called my stockbroker and his message said, "Your message is important to me and I will call you back at my convenience." How about my convenience? I am the one spending my money and when I call, I want to speak at

my convenience, and that is right now. I wonder, are these people in business to help me, give me service, or am I really calling to help them? What has happened to service, or is that another old fashioned, outdated idea?

Leslie W.

Dear Leslie W.,

I am fed up also. I get so tired of their laundry list of options, and what I want usually falls between the tracks of their offerings. What annoys me even more is when I finally get to the right office, then I hear, "I am sorry I am out of my office, please leave your name, etc." I often wonder if they are just down the hall at the water cooler, having coffee or is this a deliberate technique to screen calls and just ignore the ones they do not think important.

We older people are maybe just living beyond our time. So many younger people seem to think that we do nothing and have the time to just sit around and wait for their calls. Unfortunately, if you go to another broker his telephone technique will probably be exactly the same.

I hear this complaint very frequently from young and old but it only seems to get worse with every passing day. Best of luck.

Lizzie

Dear Leslie W.,

Do not confuse new technology with poor customer service, and poor customer service with the younger generations. I am sure that before phone mail and voice mail routing technology, poor customer service existed. Poor customer service in the past was probably one of the reasons new technology was created.

I agree with you, listening to long lists of phone selections because "our options have changed" is annoying. I believe improper use of voice mail is the current century's example of poor customer service.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✧

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From page 20B

Lee Memorial New Board

Jean Perkins, Vice President – Fundraising
Dan Gillenwater, Vice President – Lee Memorial Hospital

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am having trouble keeping a relationship. They average about 3 months and then I break it off. I really want to find the right person but I don't know why I am having such difficulty. What do you think?

A: As much as one may say how much he/she wants to find love, or find the right partner, often this is a bigger challenge than it seems. There are online dating services, any many kinds of clubs and organizations to meet a potential partner, and some do.

Yet I hear time and again that this person or that one didn't work out, even though they really liked the person, or perhaps they unconsciously blocked finding love and found all sorts of reasons not to be with this person.

What may be happening is that you have unconscious unworthiness to be with a partner and you don't even know it. This generally starts when one is young and had some sort of feelings of being unworthy for some reason. Perhaps it was from a parent or teacher or some

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For more information, visit www.leememorial.org.✧

authority figure. If this stayed with you through your developmental stages into your adulthood, it is likely you are not even aware, however, this may be what is stopping you from finding love. This can profoundly effect the type of partner you would choose and the likelihood of the success of the relationship. You see, we operate at the subconscious level at least 95 percent of the time.

The good news is that we can eliminate self-limiting beliefs and clear any feelings of inadequacy and unworthiness. It is helpful to talk with a professional about your family of origin and first become aware of what may be keeping you from finding and having the love you want and deserve in a partner. Once you have that awareness, there are tools that you can use to help deprogram those self-limiting beliefs and reprogram a positive mind set.

For example, one beneficial tool is the use of hypnotherapy, where the therapist accesses the sub-conscious mind and guides the subject to healing any old wounds. Once you can learn to reframe your thoughts through a variety of tools, you are clear and more open to giving and receiving love because your own sense of self is clear and open.

Once this occurs, you will feel more confident and secure in finding that special partner.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.✧

Doctor and Dietitian

The Amazing Arches Of The Foot



by Ross Hauser, MD and Marion Hauser, MS, RD

The foot requires a high degree of stability as well as flexibility, and with these high demands, injuries may arise. To understand why injuries occur in the foot, it is important to consider the amazing arches of the foot.

The arches of the foot are formed by the bones, ligaments and tendons of the foot and are essential for the two main functions of the foot: movement and weight bearing. In order to fully support any weight, the bones of the foot need to form an arch. In fact, they form three arches with interlocking joint surfaces that form a wedge to provide support.

The arches of the foot are maintained not only by the shapes of the bones, but also by ligaments. Although skeletal structure is important to arch support, without the ligaments, the arches would collapse. A very important ligament is the spring ligament. It attaches to the calcaneus and navicular bones, allowing this ligament to function like a tie beam in an arch.

It turns out that the ligaments are the most important soft tissue supports for the foot and the arches. One study to determine the role of muscle activity in arch support found that men standing on one foot could support loads of 200 pounds without any evidence of muscular activity. These findings suggest that the ligaments provide the primary mechanism of arch support and that muscle activity provides support only when loads

become excessive.

When foot fatigue or pain is experienced on the bottom of the foot, it is typically because ligaments are weakened. When other conservative measures fail to relieve foot pain, it is our experience that regenerative prolotherapy treatments effectively stimulate repair of these ligaments, aiding in their ability to support the arch pain-free.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.✧

Send your editorial copy to:
press@islandsunnews.com

How Probiotics Improve Bone Strength

by Suzy Cohen, RPh



Dear Readers Did you hear the report a few weeks ago on *Good Morning America* or Fox News? The *British Medical Journal (BMJ)* announced the results of a major study mak-

ing headline news. The headline news was "Dietary calcium intake is not associated with risk of fracture, and there is no clinical trial evidence that increasing calcium intake from dietary sources prevents fractures." Calcium supplementation is a multi-billion dollar industry.

Whether or not calcium helps prevent bone fractures and the onset and progression of osteoporosis is a hotly debated topic. So today, I want to defend calcium, and also tell you about new research that could help you build better bones. But first, the facts:

Fact: Ninety-nine percent of calcium in

our body is found in our bones and teeth.

Fact: One percent of calcium is involved in blood vessel and muscle contractions and relaxation, electrolyte function, and other metabolic functions. When we don't have enough calcium, we may experience muscle cramps, hypertension, insomnia, dental caries and bone deterioration.

Fact: Women are at high risk for osteopenia (early stages of osteoporosis) and osteoporosis because of our small frame, post-menopausal declines in estrogen and progesterone, and less muscle mass. It is estimated that half of women over the age of 50 experience an osteoporosis related bone fracture in their lifetime. As for calcium, I don't love supplementation, so I recommend you eat a calcium-rich diet.

Now the new research. Your intestinal health plays a very large role in your bone health. We already know that if we don't have adequate stomach acid (like, we take proton pump inhibitors or Tums) that calcium suddenly fails to get absorbed well. It requires some acid. Acid blockers are "drug muggers" of calcium and other minerals.

There's actually a gut flora-bone signaling 'pathway' and in animal studies, researchers proved that beneficial probiotic strains (*Lactobacillus reuteri* and *Bifidobacterium longum*) actually mitigated menopause-induced bone loss.

Gut bacteria "talk" to the bone bone cells whose task is to remodel bone tissue. These bacteria dictate the rate of remodeling. The more friendly flora you have, the faster your bone remodels.

That's not all. Your microbiome and intestinal hormones improve the absorption of calcium and other nutrients you need for a healthy skeleton. It's about absorbing your calcium, not just dumping a lot into yourself. You have to absorb it or it just goes through you. I take from this that high-quality probiotics are the next frontier to reduce risk for hip fractures and falls. I bet that's weird to you. After all, we don't associate the gut with bones, right? Most people thing of probiotics for constipation, so this is really new thinking.

I bet most of us take intestinal health for granted until reflux or food poisoning hits us. The reality is routine ingestion of gluten, antibiotics, foods contaminated with glyphosate, GMO foods and medications increase our risk for osteoporosis by damaging the gut flora. I think that *BMJ* headline really did people a disservice because calcium is important for bones. Apparently, so are probiotics.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

From page 15B

Shift Liver Energy

blood, so issues of PMS, menstrual issues, etc. are influenced by liver. This is just the beginning.

If you have any of these issues, buzzing or pressing Liver 3 will help get the energy moving smoothly again. Use your thumb or fingers, pressing or buzzing the point in small circular movements for one or two minutes, or you can hold the points with the middle finger (do both sides at the same time if you like) several times each day. The point may be sensitive or even painful to the touch – no surprise, since this is reflective of congestion. As you work the point, it will become less tender and you will feel better.

Liver 3 is located on the upper part of the foot, in the depression in the webbing between the big toe and the second toe, approximately 1.5 inches from the base of the toes. Each source point is in a natural depression or hollow, which tends to be slightly more sensitive to touch than the surrounding areas. Isn't it wonderful to have these points at your fingertips, literally?

Have fun with your energy! Next week's topic is Eyes Dull & Hazy? Hold Heart Source Point.

If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.*

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My Stars ★★★★★

FOR WEEK OF OCTOBER 26, 2015

ARIES (March 21 to April 19) You might be growing impatient with a situation that seems to resist efforts to resolve it. But staying with it raises the odds that you'll find a way to a successful resolution.

TAURUS (April 20 to May 20) Travel and kinship are strong in the Bovine's aspect this week. This would be a good time to combine the two and take a trip to see family members for a pre-holiday get-together.

GEMINI (May 21 to June 20) A colleague could make a request you're not comfortable with. If so, say so. Better to disappoint someone by sticking with your principles than disappoint yourself if you don't.

CANCER (June 21 to July 22) The Moon Child's ability to adapt to life's ebbs and flows helps you deal with the changes that you might confront at work or at home, or both. Things settle down by the week's end.

LEO (July 23 to August 22) It's a good week for Leos and Leonas to get some long-outstanding business matters resolved. Then go ahead and plan a fun-filled family getaway weekend with the mate and the cubs.

VIRGO (August 23 to September 22) A possible workplace change seems promising. If you decide to look into it, try not to form an opinion on just a small part of the picture: Wait for the full image to develop.

LIBRA (September 23 to October 22) A newcomer helps keep things moving. There might be some bumpy moments along the way, but at least you're heading in the right direction. You win praise for your choices.

SCORPIO (October 23 to November 21) You could be pleasantly surprised by how a decision about one thing opens up an unexpected new option. Also, assistance on a project could come from a surprising source.

SAGITTARIUS (November 22 to December 21) With more information to work with, you might now be able to start the process that could lead to a major change. Reserve the weekend for family and friends.

CAPRICORN (December 22 to January 19) This could be a good time to begin gathering information that will help you turn that long-held idea into something substantive. A personal matter might need extra attention.

AQUARIUS (January 20 to February 18) That new challenge might carry some surprises. But you should be able to handle them using what you already know. That new supporter should be there to lend assistance.

PISCES (February 19 to March 20) Someone might be trying to disguise his or her true motives. But the perceptive and perspicacious Pisces should have little or no problem finding the truth in all that foggy rhetoric.

BORN THIS WEEK: You can always rely on your people skills to help you find solutions to problems others often give up on.

THIS WEEK IN HISTORY

- On Oct. 28, 1886, the Statue of Liberty, a gift of friendship from the people of France, is dedicated in New York Harbor as the last copper rivet is fitted. The dismantled Statue of Liberty had arrived 16 months earlier in more than 200 packing cases.

- On Oct. 29, 1925, Dominick Dunne, chronicler of high-profile crimes, is born. Dunne reported on the 1995 O.J. Simpson double-homicide trial and provided TV commentary about the case. He was stunned when the former football star was acquitted.

- On Oct. 30, 1938, Orson Welles, age 23, causes a nationwide panic with his broadcast of "War of the Worlds" -- a realistic radio dramatization of a Martian invasion of Earth. "War of the Worlds" was not planned as a radio hoax, and Welles had little inkling of the havoc it would cause.

- On Nov. 1, 1941, President Franklin Roosevelt announces that the U.S. Coast Guard will be under the direction of the U.S. Navy, a transition of authority usually reserved only for wartime. Five weeks later, Japan would attack the U.S. at Pearl Harbor, Hawaii.

- On Oct. 31, 1957, the Japanese car company Toyota establishes its U.S. headquarters in California to begin selling its inexpensive Toyopet Crown sedans. A sensation in Japan, it flopped in the U.S. The car was too small for many American drivers, guzzled gas and oil, and shook at freeway speeds.

- On Oct. 26, 1984, in Loma Linda, California, Dr. Leonard Bailey performs the first baboon-to-human heart transplant, replacing 14-day-old Baby Fae's defective heart. Baby Fae survived for 20 days, longer than any previous human recipient of an animal heart.

- On Oct. 27, 1994, the U.S. Justice Department announces that the U.S. prison population has topped 1 million for the first time. The 1,012,851 men and women were in state and federal prisons, and did not include those incarcerated in local jails.

STRANGE BUT TRUE

- It was Pulitzer Prize-winning American journalist, author and historian Garry Wills who made the following sage observation: "Politicians make good company for a while just as children do -- their self-enjoyment is contagious. But they soon exhaust their favorite subject -- themselves."

- According to ancient Egyptian mythology, humans were created from the tears of the sun.

- The Pizza Hut restaurant chain got started when two brothers borrowed \$600 from their mom.

- You might be surprised to learn that, just as there is a market for used cars, there is a market for used roller coasters. With the skyrocketing costs of construction, it can be cheaper to disassemble, move and reassemble a coaster than to build one from scratch.

- In the early 1900s, if you called someone a "geek" it didn't mean that person was nerdy. A geek back then was a carnival wild man.

- Iconic songstress Madonna once worked as a coat-check girl at the Russian Tea Room.

- If you weren't a fan of math in elementary school, it might comfort you to know that students have been struggling longer than you probably realize. It was way back in 1900 B.C., in early Mesopotamia, that the first known multiplication tables were created.

- If all the salt in the world's oceans were removed and spread out, it would cover all the world's land in a layer 40 feet deep.

- Researchers using standard statistical methods have determined that it takes an average of 142 licks to get to the center of a Tootsie Pop.

- Those who study such things say that half the residents of Spain have never read a book.

THOUGHT FOR THE DAY

"Nothing sways the stupid more than arguments they can't understand." -- Cardinal de Retz

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Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Palmetto Point	Fort Myers	2012	6,138	\$1,969,000	\$1,750,000	19
Sanctuary At Wulfert	Sanibel	1994	5,704	\$1,550,000	\$1,500,000	426
Metes And Bounds	Captiva	1973	2,962	\$1,395,000	\$1,260,000	48
Cape Coral	Cape Coral	2002	2,881	\$799,000	\$750,000	326
Turtle Point Cove	Estero	2005	2,598	\$589,000	\$575,000	54
Catalpa Cove	Fort Myers	2000	2,348	\$588,000	\$569,500	190
Marsh Pointe	North Fort Myers	2006	4,391	\$625,000	\$555,000	51
Spanish Wells	Bonita Springs	1991	2,808	\$595,000	\$546,000	60
Cape Coral	Cape Coral	1998	2,110	\$575,000	\$542,000	274
North River Oaks	Alva	1993	2,165	\$518,000	\$508,000	33

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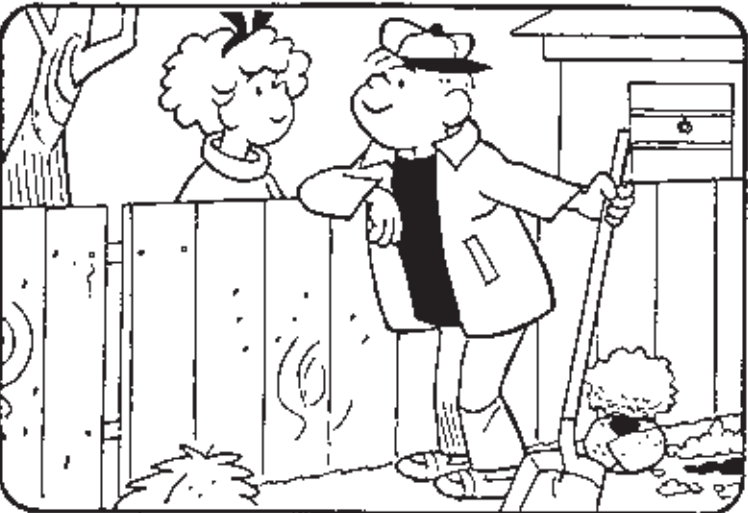
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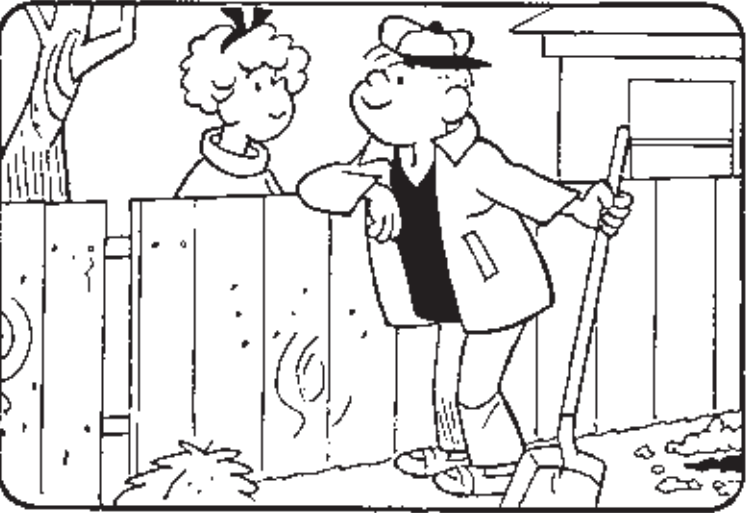
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HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Fence opening is wider. 2. Hair is different. 3. Neckline is different. 4. Arm is moved. 5. Window shade is missing. 6. Shrub is missing.



Oh-oh, another

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Filched

LENTO

Stumble

NULBRED

Ace

ARMSET

Depict

PARROTY

TODAY'S WORD

answer on page 27B

		8	4			2		
	9	6		1			4	
5					7			3
	5		6					1
		2		7			3	6
3			8		9	7		
4				5			7	
		5		2	4			9
	7		1			8		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

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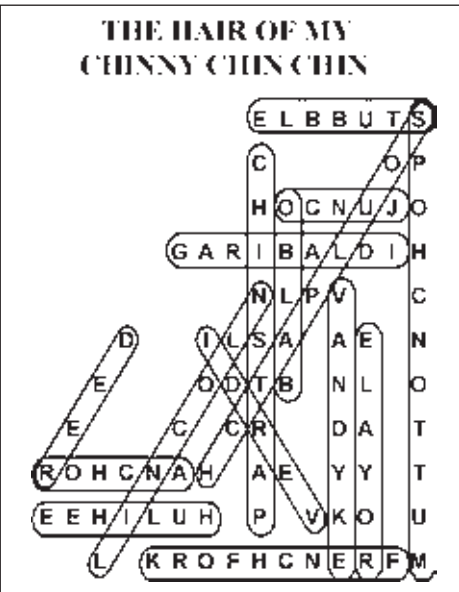
SUPER CROSSWORD

NATURE CUT P ACCESSSES
EARNED ICAME FOOTH LL
WHAT DO PEOPLE ROSE AINE
VIA JRN ARCO RAID
CALLAYANALS-OPP NG
UR ENS ETTE EMO DOE
SALARY SCH AP NG ESS
FVNIAJWHICHVARIOUS
REDD -AI AYERS TEAL
INHILARD C ERGY
ELF COMMEMORAT VETED
WEAPON ELCCUTION
ED F IIFR IIR APSH
TABLETSAREOFEREDAT
C ROAST RRS VISFED
A ALF HADI BIVRNS
GREATLYRED CEDPRICES
EBAN IRO SCOE RA
SOLICITS PLAQUEFRIDAY
TCETOTOE TORUS LAMESA
STRAYERS SPACE OSPREY

KING CROSSWORD

SPA LAMAS COD
ART ENACT OBI
COMMANDER MOE
IVE REAMED
BECKET BALI
ATO STY METRO
SUMS EAR STEP
HIMOM KEG EAT
URAL SABERS
HETERO UTA
AVE COMMOTION
TAR OSIER SHE
ENS SENDS MOW

MAGIC MAZE



SUDOKU

1	3	8	4	6	5	2	9	7
7	9	6	2	1	3	5	4	8
5	2	4	9	8	7	1	6	3
9	5	7	6	3	2	4	8	1
8	4	2	5	7	1	9	3	6
3	6	1	8	4	9	7	2	5
4	1	9	3	5	8	6	7	2
6	8	5	7	2	4	3	1	9
2	7	3	1	9	6	8	5	4

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SCRAMBLERS

solution

1. Stolen; 2. Blunder;
3. Master; 4. Portray

Today's Word

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*NS 10/9 CC TFN

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*NS 4/24 CC TFN

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#2 - Office Space Available
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*RS 1/4 BM TFN

HELP WANTED

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.
*RS 7/11 NC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

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*NS 5/29 CC TFN

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*NS 10/9 CC 11/27

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HELP WANTED

ADMINISTRATIVE ASSISTANT

Busy Island Real Estate office needs full-time Administrative Assistant for front desk. Good people skills a must. Experience with Excel and Word a plus. Fax resume to 437-7514

*NS 10/16 CC 10/23

HELP WANTED

FT MAINTENANCE TECHNICIAN

Royal Shell Vacations located on Captiva is seeking a FT Maintenance Technician. Must have a minimum of 2 years maintenance experience. Send resume to gloria@royalshell.com.

*RS 10/23 CC 10/30

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and Sunday-Nov. 1

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*NS 10/23 CC 10/23

CUSTOMER SERVICE

Part-time associates to work in the Ding Darling National Wildlife Refuge greeting and collecting entrance fees for Wildlife Drive. Must enjoy customer service and helping visitors. Must also be able to operate a basic cash register. Please email resume to EcoErler@aol.com or stop in at 900 Tarpon Bay Rd to fill out an application.

*NS 10/16 CC 10/23

LOCKER ROOM ATTENDANT

The Sanctuary Golf Club is looking for a part time Locker Room Attendant to join the team. The usual schedule for this position will be 2 days a week (Sunday and Monday for 15 to 20 hours). This is a seasonal position that will begin in October. If interested, please contact Michelle Cote at 239-472-6624.

*NS 10/23 CC 10/30

VEHICLES FOR SALE

1977 CHEVROLET CORVETTE

26,500 miles, White T-top with red leather interior, Automatic, one owner. Excellent condition. L48, 350CID, 180 horsepower, 4 barrel. Call 239-472-9510. SERIOUS INQUIRIES ONLY.

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Selling barely used Entertainment Center, 54", Inlaid Dining Table & 6 Chairs, King Bed Set & 2 Night Stands, Coffee Table
Location - Sanibel
Priced to SELL

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*NS 10/23 NC TFN

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*NS 10/23 CC 10/23

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Full-time, experienced auto mechanic. 40 hrs/week, competitive wage, bonus program. Apply at Sanibel Chevron, 1015 Periwinkle Way.

*NS 10/23 CC 10/23

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*NS 7/17 BM TFN

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*NS 10/16 CC 11/6

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Part or full-time, flexible hours. Light duties: cash register, tire repair, car rental, oil changes, customer interaction. Apply Sanibel Chevron, 1015 Periwinkle Way.

*NS 10/23 CC 10/23

LEGAL NOTICE

LEGAL NOTICE

American Towers LLC proposes to expand an existing telecommunications compound and collocate antennas on an existing 150-foot monopole telecommunications structure. The existing telecommunications facility is located at 2222 Wulfert Road, Sanibel, Lee County, Florida. American Towers LLC seeks comments from all the interested persons on any potential impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places. Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to enviro.services@americantower.com. Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historical/cultural resource impact concerns, and must be received on or before November 15, 2015.

*NS 10/16 CC 10/23



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Part time or full time possible, flexible shifts from 8AM - 8PM.

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*NS 9/11 CC TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with DVS, playing classic rock and dance. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance. The annual Halloween Costume Contest will be held on Saturday, October 31. Prizes will be awarded.

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn on Captiva has live music with Gatlin on Friday, Saturday, Tuesday and Wednesday. Crab shows are on Mondays and Thursdays. The Hallo' Tween Costume Party is on Saturday, October 31, with cash prizes for best costumes.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvella Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvella Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out..

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

Pets Of The Week



Wira ID# 636060



Bob ID# 636644

I'm Wira and I just might be the perfect companion for your dog. I'm beautiful, young and playful. I really love other dogs and just want to please. My adoption fee is \$30 (regularly \$75) during Animal Services' Dogtober Adoption promotion.

Are you looking for a "Bob" cat? Then, I'm the one. I'm pretty cute and have a personality to match. I'd get along great in your multi-cat household or I would be just as happy to be your one-and-only. My adoption fee is \$10 (regularly \$75) during Animal Services' adoption promotion. Cats and kittens are two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number.

The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Island Sun

NEWSPAPER

Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency 911

Sanibel Police 472-3111

Lee County Sheriff's Office 477-1200

On Call Captiva Deputy 477-1000

Fire Department - Sanibel 472-5525

Fire Department - Captiva 472-9494

Florida Marine Patrol 332-6966

Florida Highway Patrol 278-7100

Poison Control 1-800-282-3171

Chamber of Commerce 472-1080

City of Sanibel 472-4135

Administrative Office 472-3700

Building Department 472-4555

Planning Department 472-4136

Library - Sanibel 472-2483

Library - Captiva 239-533-4890

Post Office - Sanibel 472-1573

Post Office - Sanibel (toll free) 800-275-8777

Post Office - Captiva 472-1674

Sanibel Community Association 472-2155

Center 4 Life - Senior Center 472-5743

ARTS

Arcade Theater 332-4488

Art League Of Fort Myers 275-3970

BIG ARTS - Barrier Island Group for the Arts 395-0900

Broadway Palm Dinner Theatre 278-4422

Fort Myers Symphonic Mastersingers 288-2535

Gulf Coast Symphony 472-6197

Lee County Alliance for the Arts 939-2787

Naples Philharmonic 597-1111

The Herb Strauss Schoolhouse Theater 472-6862

Sanibel Music Festival 336-7999

Sanibel-Captiva Art League 472-4258

SW Florida Symphony 418-0996

CLUBS & ORGANIZATIONS

ABWA - American Business Women's Assoc. 565-7872 or 433-7798

American Legion Post 123 472-9979

Angel Flight SE 1-877-4AN-ANGEL

Audubon Society 472-3744

CHR Community Housing & Resources 472-1189

Community Foundation of Sanibel-Captiva 274-5900

CROW - Clinic For The Rehabilitation of Wildlife 472-3644

FISH of Sanibel - Friends in Service Here 472-4775

Sanibel Island Fishing Club 472-8994

Horticultural Society of the Islands 472-6940

Horticulture and Tea Society of Sanibel and Captiva 472-8334

Kiwanis Club 677-7299

League of Women Voters sanibelLWV@gmail.com

Lions Club, Jeff MacDonald 302-521-1158

Master Gardeners of the Islands 472-6940

MOAA - Military Officers Assc. of America, Alex MacKenzie 395-9232

Newcomers 472-9332

Notre Dame Club of Southwest Florida 768-0417

Optimist Club 472-0836

PAWS 472-4823

Rotary Club 472-7257 or 472-0141

Sanibel Bike Club sanibelbicycleclub.org

Sanibel Beautification Inc. 470-2866

Sanibel-Captiva Orchid Society 472-6940

Sanibel-Captiva Power Squadron www.usps.org/localusps/sancap

Sanibel-Captiva Republican Caucus 395-1202

Sanibel-Captiva Shell Club 395-1770

Sanibel Youth Soccer www.sanibelsoccer.org 395-2040

United Way of Lee County 433-2000

United Way 211 Helpline 24 hour 211 or 433-3900

Zonta Club 728-1971

ISLAND ATTRACTIONS

Bailey-Matthews National Shell Museum 395-2233

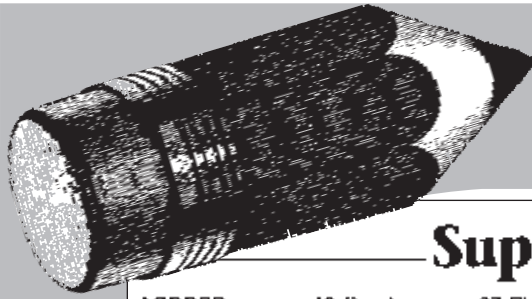
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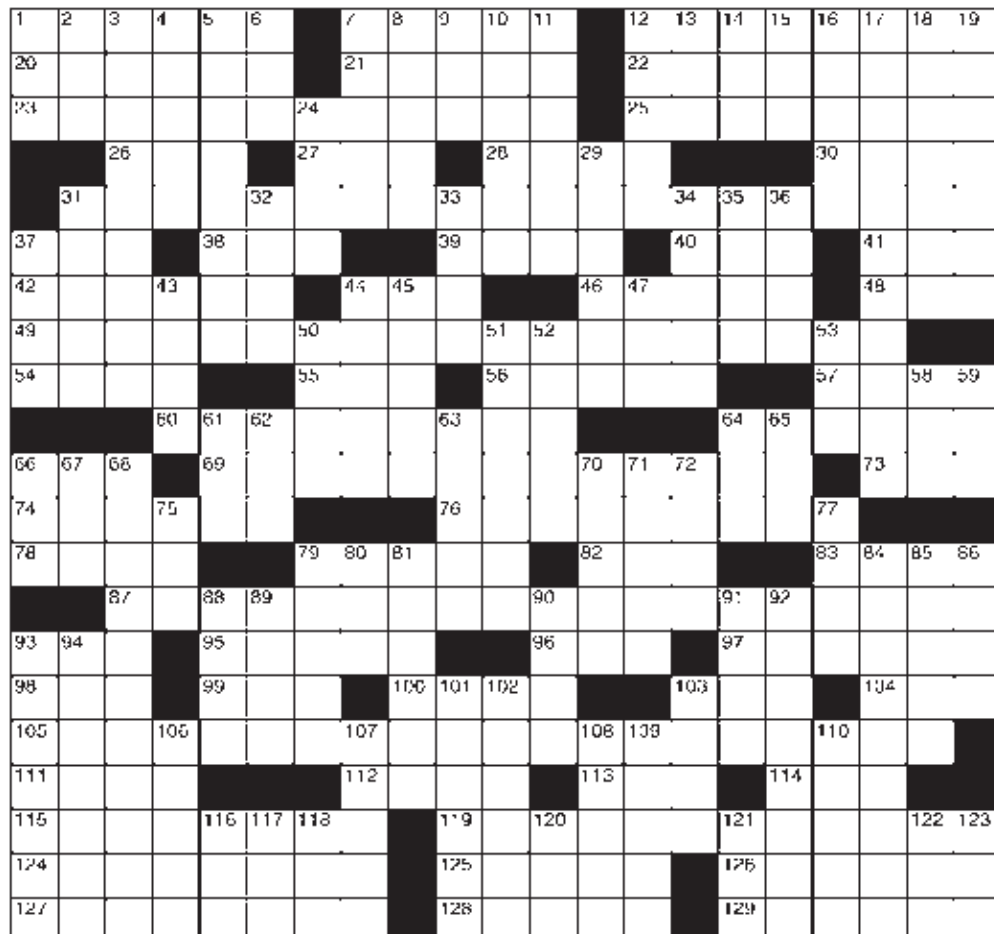
BEACH CHAIR PASTIME

answers on page 27B

Super Crossword

NABBING
YEARLY AWARDS

- ACROSS**
- 1 A hiker may commune with it
7 Chop
12 Gels entry to
20 Worked hard for
21 The "voni" of "veni, vidi, vici"
22 Slope at the base of a mountain
23 Start of a riddle
25 Funny actress Barr
26 By way of
27 Big vase
28 Western U.S. gas brand
30 Police attack
31 Riddle, part 2
37 Geller of the paranormal
38 Naval acad. grad's rank
39 Gender altering suffix
40 Punk music subgenre
41 Hawk beater
42 Steady pay
44 Learning ctr.
46 Mocking mocking y
- 48 Gender-altering suffix
49 Riddle, part 3
54 TV's Foxx ("South Pacific" tune)
56 — Rock (Australian landmark)
57 Colorful duck
60 M.x with alternate layers of fat
64 Priests, bishops, etc.
66 Polar worker
69 Riddle, part 4
73 Ball holder
74 Sword or rifle
76 Art of public speaking
78 Falco of "Nurse Jackie"
79 German's "love"
82 Prefix with Ingal
83 Church area
87 Riddle, part 5
93 German's "I"
95 Oven-dry
96 Lines to Penn Sla.
- 97 Placed paper in incorrectly as a printer
98 Slangy denial
99 TV title alien
100 — only known
103 ROY G. —
104 OR staffers
105 End of the riddle
111 Israeli diplomat
112 Pressing appliance
113 — Canals (Superior-Huron Linkup)
114 Time gone by
115 Appeals for
119 Riddle's answer
124 Competing directly
125 Ring shape
126 City near San Diego
127 Those going off course
128 Binge at a mall, say
129 Hawk variety
- DOWN**
- 1 With 58 Down, Enya's music genre
2 Hot tub user's sigh
3 Worked hard
4 — the cows come home
5 Crisis signal
6 Old Tokyo
7 Oldsmobile Cutlass
8 The Huskies of the NCAA
9 Light touch
10 Mark in "Für Elise"
11 View closely
12 Frizzy dos
13 Pigeon noise
14 NYSE listings
15 Summer, in Saint-Lô
16 Biting
17 And stretch in Egypt
18 Weather-affecting currents
19 Large hammers
24 Wordplays
29 Split along the grain
31 Hunger for
32 Novelist Seton
33 Longtime pop brand
34 Princes, e.g.
35 Present opener?
36 Springy slick
37 Tech's client
- 43 "You — both know ..."
44 Bucky of bees
45 Santiago site
47 Even, in goil
50 Opponents of "us"
51 Nod singer
52 Water, Prefix
53 Sport — (rugged ride)
58 See 1-Down
59 Caustic alkali
61 Col. or SFC
62 Heavy weight
63 One-celled creature
64 106, to Calo
65 Zodiac beast
66 Sheep that's a sho
67 Was in front
68 Divine cure deliverer
70 Rote filler
71 Layers of "matted earth"
72 The Rolling Stones' "You Can Make It"
75 Slew habit
77 Scottish denials
79 Like lettuce and spinach
80 "— all true!"
81 Summer Williams
84 Adone Acrobat, e.g.
85 Composer Camille Saint-
86 Pre-takeoff guesses, for short
88 Impish kid
89 Lie about
90 Blore or Idle
91 Islamic VIP
92 Coastal resort areas
93 Eats
94 Disabling wheel clamp
101 Takes in
102 Tire brand
103 Org with fraternal oedoes
106 Soulful Baker
107 Staus lying
108 In the style of Suffix
109 Extinguish
110 Press into small folds
116 Playfully shy
117 Ending for Denver
118 Bare drag
120 LGA
121 "Al pe" spin-off
122 Enzyme name
123 "Wahoo!"



King Crossword

- ACROSS**
- 1 Health report
4 Actor Lorenzo
9 Muscular usetts cape
12 Paintings et al.
13 Put into law
14 Japanese sash
15 Captain's subordinate
17 Pa. of Larry and Curly
18 "— Got a Secret"
19 Enlarged a hole
21 1964 Burton/O'Toole movie
24 Indones an is and
25 From — /
26 Pigeon
28 French subway
31 Addition results
33 Hearing organ
35 Ladder rung, e.g.
36 Shout-out from the bleachers
38 Small barre
40 Corrode
41 Caspian feeder
43 Cavalry
- weapons
45 Straight, for short
47 Actress Hagen
48 Rd.
49 Fuss
54 Pitch
55 Wickerwork willow
56 That girl
57 Type measures
58 Transmits
59 Cut the grass
- 5 Using or Funicello
6 Crazy
7 Jan in tone or temper
8 All
9 Group of legislators
10 Reed instrument
11 Conked out
16 Ferd'-nand' cartoon st
20 Pub orders
21 Wild party
22 Needle case
23 Many subway riders
27 Tibetan bovine
29 Back
- 30 Chooses
32 Aching
34 Picked up where you left off
37 Former Philippine leader
39 Crocs' kin
42 Suck
44 Cudgel
45 Loathe
46 Actress Rachel Wood
50 60 secs.
51 Doctoring
52 Discoverer's call
53 Fresh
- DOWN**
- 1 Pouch
2 In favor of
3 \$ dispenser
4 Fall fallers

MAGIC MAZE • THE HAIR OF MY CHINNY CHIN CHIN

W D A X V S Q N E L B B U T S
K I F D A X V T C Q O M J O P
H F C A Y W U R H O C N U J O
E E T A O G A R I B A L D I H
P N L J H F D B N L P V Z X C
V T R D Q O I L S A M A E K N
I H E F D B O D T B Z N L Y O
W E V T R C Q C R O N D A I T
R O H C N A H K A E I Y Y H T
E E H I L U H F P D V K O C U
A Z L X K R O F H C N E R F M

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally

Anchor	Garibaldi	Mutton chops	Stubble
Balbo	Hulihee	Reed	Van Dyke
Chin strap	Junco	Royale	Verdi
French fork	Lincoln	Soul patch	

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